



### The cycle of elements

EACH of the five Feng Shui elements can help change your space and energy.

Wood energy is associated with new beginnings; it can help you make smooth progress.

Fire creates action, the energy that you want to use to create passion and excitement.

Earth energy is valuable when maintaining the status quo, or if you are dealing with issues of commitment.

Metal helps you focus effort and give attention to details.

Water is necessary when you want to improve your relationships.

When following the Feng Shui philosophy you should not use any of these elements haphazardly.

Ideally, a qualified practitioner should perform a proper Feng Shui analysis.

Used incorrectly, the elements can bring harm to relationships, health or prosperity. However, used properly, they can strengthen your relationships, health and finances.

The potential for the Five Elements' positive or negative relationship patterns have been mapped out in terms of constructive and destructive cycles.

These cycles apply to both the individual (micro) and larger (macro) levels and are helpful when one needs to anticipate cause and effect.

In a fortnight:  
Balancing the elements

**Feng Shui**  
by Kerby Kuek  
info@misterfengshui.com

**ORIGINAL TEXT SUBMITTED**

**Feng Shui-Basic Concept 3- Five Elements**

Each element can help change your space and energy. **Wood** energy is associated with new beginnings; it can help you make smooth progress. **Fire** creates action, the energy that you want to use to create passion and excitement. **Earth** energy is valuable when maintaining the status quo, or if you are dealing with issues of commitment. **Metal** helps you focus effort and give attention to details. **Water** is necessary when you want to improve your relationships. Be advised that when following the Feng Shui philosophy you should not use any of these elements haphazardly. Ideally, a qualified practitioner should perform a proper Feng Shui analysis. Used incorrectly, the elements can bring harm to relationships, health or financial prosperity. However, used properly, they can strengthen your relationships, health and finances.

The potential for the Five Elements' positive or negative relationship patterns have been mapped out in terms of constructive and destructive cycles. These cycles apply to both the individual (micro) and larger (macro) levels and are helpful when one needs to anticipate cause and effect.

By Kerby Kuek

[info@misterfengshui.com](mailto:info@misterfengshui.com)