



Extra on Face Reading-What is Face Reading?

Face/Palm Reading

Incorporating NLP and Face Reading

1. WHAT IS FACE READING?

“To examine a person, we must first examine his heart, to examine his heart, we must first examine his face” by Song dynasty’s Chan Pur, a famous Face-Reader.

Face and palm readings, as well as aura and vocal energies, are used to analyze and predict a person life’s destiny. Often requiring the rare ability to read subtle energy, these unique observational techniques are still practiced today. The ancient Chinese believed that a person’s face is inborn and will reflect his or her heart and thoughts. Much of the communication within our peers is nonverbal. Members understand the shared common body language but do not need language to communicate.

The generic approach tells us that human will inherit certain traits and attributes from parents or ancestors. Our height, weight, color of skin, eyes, and vocal to name a few are affected by genes and as a result certain patterns emerge and the cycles of universe will repeat itself. Face reading tries to capture such patterns and predict the futures events that might occur in a person’s journey of life. For instance, when a person is born with thick eyebrow, more often than not such person’s parent also with thick eyebrow and the reverse is also true. Eyebrow like any other area of our face is closely related and affected by the functionality of our body parts and organs especially kidney. Person born with thick eyebrow is said to have strong kidney or in western words healthy and functional kidney. Person with thick eyebrow (will explain in details later) is rather active and aggressive and such person has higher sex drive than normal fine eyebrow person. Due to his adrenaline rush, such person is eager to satisfy his gratification with many partners other than his wife. As for female, due to the same reason, she might not have the patient for details and as such, she is rather weak in fine and details works.

A person who is constancy working outdoor with sunshine cold weather will logically have rough skin as opposed to an office person that has higher chance of a smooth skin.

Western psychology has determined that our thought electrical wave is radiated through the upper skin of our body and reflected to our whole body parts and organs. Over time, such conditions will filter through and certain structures and patterns will emerge, as our cell memory is formed. Such structure will then be reflected by our face textures. With few thousand years of Chinese Statistically approaches of face reading, I am sure your will find such techniques amaze you.



2. WHAT IS NLP (NEURO-LINGUISTIC PROGRAMMING)?

NLP is a behavioral model and set of explicit skills and techniques founded by John Grinder and Richard Bandler in 1975. NLP studies the patterns or "programming" created by the interactions among the brain (Neuro), language (Linguistic), and the body that produce both kind and unkind behaviors. Anthony Robbins further popularized this term in the early nineties.

3. We cannot change the weather conditions but we can conditioned ourselves to fit the weather

Human is the most intelligent animal. We seek safety and comfort living, with Maslow hierarchy of needs, in each level; we will encounter different level of paradigms shifts. We can and adapt easily as we move up each level, however, the problem is when we retreat backward, and it is a disastrous move as we possess more to less. Strong courage and a complete shift in paradigm are required in order to adapt and adjust from being more to less. The key word here is what if you already foresaw such predicament might happen in your life. You can condition yourself to fit the weather. Hope for the best and be prepared for the worst ought to be a dictum in our life.

4. We are the architect of our life

Knowing and foreseeing our life patterns, we can therefore plan to harness the best possible opportunities and avoid a disastrous loss in life. Knowing yourself is important, as this will be a yardstick to fulfill your journey of life. Such measurements are meant more for your own comparison than peers are. The benchmark is essentially your own motivation to move a step forwards to your destination or desired outcome. We are the commander of our life. We build and provide maintenances to it.

5. Life is in a queue in line, a queue to face obstacles and challengers

Life is full of challengers and obstacles, this is the fact. However, if you persist, just like a queue in line your turn will come and there is always a bright light at the end of the tunnel. Face reading provides a clue as and when you will see the light at the tunnel.

We can now start to examine the first phase of our face-reading venture.

6. First Phase of Face reading

Three Tiers of Face

Our face is divided into three sectors or tiers, is termed as Upper, central, and lower tiers. These three tiers represent the different stages or journey of a person's life; childhood, middle age and late age. The three tiers should be in proportion in order to have a complete and good journey of life. Let us examine all the three tiers. The Heaven (Upper Tier) represents the development of intelligence while the Human (Central Tier) represents the prime time of life and the Earth (Lower Tier) represents the harvesting stage of life.

The Upper Tier (Heaven)-(Age 15 to 30)

The first tier is the forehead of a person from the hairline down to just before the eyebrows. This particular tier governs the age from 15 to age 30 of a person's life journey. Forehead represents early development of a child, high and fullness of a forehead signify that this person is smart and be able to achieve academic excellent. Such person's journey should with fewer obstacles. However, narrow forehead, uneven hairline, uneven surface of foreheads are said to result a bad journey of life therefore stifle the true potential of a person. The rational behind is simple the forehead also represent your parent, a person upbringing is dependable on his or her parent.



This zone also includes the compatibility with parent and inherent intelligences. The left forehead reflects the relationship with father while the right reflects the relationship with mother. Moles, black spots, lines scars or unevenness in the left forehead signify a bad or thin relationship with father. While the same scenario apply to the right forehead for mother.

The fullness or bulginess of temples signifies wealth, good health and proper upbringing. Unevenness or depressed temples signify that such person's youth era is other wise.

There are also three parts in this Upper tier:

The top part represents the analytical ability. Male with higher forehead is said to have higher analytical skills while female with higher forehead is said to have poor relationship with spouse.

The middle part represents our memory. Usually female will dominate this part since they have better memory.

The Lower part of forehead represents a person's observation ability. Men normally will dominate this part since the observation skills are required frequently for any male jobs.

The simple formula for beginners is to see if the forehead is flat or depress, such phenomena will lead to the stagnate of thinking pattern and thus the ability to progress.

The Central Tier (Human) (Age 1 to 14 and age 31 to 50)

The second tier is from the eyebrow down to the tip of nose. This tier governs the period of age 31 to age 50 of a person. The ears period is from age 1 until 14. The eyebrows govern the period from age 31 to 34. The eyes govern the period from age 35 to 40 while the nose and cheekbones governs the age of 41 to 50.

This tier is the most critical zone since most of your prime time is located here. It is not surprising that one should pay more attention to build up their career and improving the quality of life in this stage of life. That is why the Human stage represents the pinnacle of mind and body's energy level.

The Lower Tier (Earth) (Age 51 to 99)

The third tier is from the mouth nose tip down to the chin. It includes philtrum, mouth jaw and chin. This tier is the harvesting era and person normally retires or passed away during such time.

All these three tiers must be in proportion to consider a good face. Essentially, upper tier higher with bright textures, square and wide is commanding a 'reputation' in the community. If the middle tier is outstanding with nice textures is destined to have both prosperity and status in the community. If somehow the lower tier is round with nice textures, such person is said to be a well rounded with good quality of life. A nice pair of ears with fine definition determine a person upbringing.

Person with deep and long philtrum is said to command better quality of life. While person with narrow and shallow philtrum, crooked and tilted mouth edges, sharp and skinny chins and jaws are likely to have thin relationship with kids and suffer lonesome at late age.

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Summary:

Ear: Age 1 to 14

Forehead: Age 25 to 30

Eyebrows: Age 31-34

Eyes: Age 35 to 40.

Nose: Age 41 to 50

Philtrum/Mouth: Age 51 to 60

Below mouth: Beyond age 60

7. Second phase of Face Reading- The 5 Elements Theory

FACE

Water Type-Chubby Water with dark complexion

A person with round face is a happy go lucky person, but sad to say that he or she seldom uses brain and is prone to emotional. Peers like him or her very much because is easy to get along with. Round face person is suitable in servicing and entertainment industries. This pleasure-type person enjoys life very much. Such person will normally have not only round face but round body as well. The water element refers to intelligence. Such person normally are wit and energetic.

Metal Type- Square Metal with white complexion

A die-hard person and will not give up until the ultimate goal is achieved. Such person's determination will lead him or her to success in life endeavors. Such person is suitable in sports arena, involve in physical movement industries.

This is the thought-type person. Metal represent the righteousness. Such person value justice and moral obligations than materials.

Wood Type- Skinny Wood with pale complexion

A thinker that requires details and fine analysis. Such person is suitable in analytical industries or required to design and think things through.

This is the thought-type and normally such person is tall m skinny and small waits. Wood refers to kindness and such person is normally gentle and kind hearted.

Fire Type-Fire has narrow forehead with Wide Chin and red complexion

Fire-type person is an action and enterprising person oriented person. Such person is determined to carry things through. Physical and mentally is prepared or ready to handle obstacles. Such person is said to handle ad hoc projects well.

Fire represents courtesy.

Earth Type-Earth has wide face and thick back muscles with yellow complexion

Normally a quiet person with artistic values but such person is normally unable to handle relationship well. Such person is suitable as designers.

Earth represents credibility and is normally reliable and trustworthy.

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Your letters and comments are always welcomed!

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