

The soul of Xuan Kong Zhang Pai (Palm)

Question one might ask, where and what is the soul of this school? The essence of Xuan Kong Palm is the critical part to govern the technique of 'hang', 'fly', 'transport' and 'park', understanding them require 8 sequential steps of 'clockwise', 'anticlockwise', 'exchange', 'stack', 'repel', 'opposite', 'expand', and 'stretch'. Even the most valuable tool is described in the *Jing Fang Yi Chuan*, but is imperative to know that direct and verbal passing of essence is inevitable and critical. Again the 8 techniques to detect the soul of 64 Kuas are essentially the most valuable tool in Xuan Kong Da Gua that has been popular for more than 1,000 years. From now, more and more articles will be written to discuss such topics but again many techniques and forms can't be described in words that might cause confusion and misleading, that is why verbal and oral teaching and passing is still inevitable and imperative.

玄空掌派之魂魄

問?魂魄者何?

即玄空掌中的吊,飛,行,泊之關鍵,亦是本派治技之精華,玄空掌之魂魄,有八式,即順,逆,交,疊,反,錯,伸,縮,前後左右者也.其中要訣當盡於講義,京房繼傳中說明,尚須口傳心授,用八式取六十四卦之魂魄,為斯術之寶.玄空大卦流行千載多未載,余今天僥倖得訣,需要口授親傳,但文章已和盤托出,各網友所樂聞乎?或今後多談