

*with great power, comes great responsibility*



I-Ching & The World of Metaphysics

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The Chinese Month of Dog

Oct 8<sup>th</sup>-Nov 7<sup>th</sup> 2008

This is a month of Dog and Flying Star 9 arrives.

The combinations of annual 1-white star and monthly 9-purple star resulted in water and fire clashing. The turbulent in markets place will get from bad to worse and things are on one way street, heading towards south!!!! Like it or not, tighten your seat belt and put on your oxygen mask so that you can struggle through such bad times. Go South-east to harness the kind energies and get away for a break. Think long term, think positive and think of there is always a silver lightning at the end of the tunnel (that has always been that case). Think and cherish love ones that always thrived thought with you, love your family and friends! Spend more time with them and things will work out fine!

Summary:

Kind Sectors: Southeast

Unkind Sectors: West/North/Northeast

IN RED ANNUAL STAR WHILE IN BLACK MONTHLY STAR

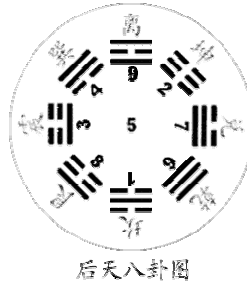
|                       |                  |                       |
|-----------------------|------------------|-----------------------|
| Southeast/SHUN<br>9 8 | South/LEI<br>5 4 | Southwest/KWAN<br>7 6 |
| East/CHAN<br>8 7      | CENTRAL<br>1 9   | West/TUI<br>3 2       |
| Northeast/KAN<br>4 3  | North/HAM<br>6 5 | Northwest/KIN<br>2 1  |



## FENG SHUI

Original Flying Star Chart

|              |                 |              |
|--------------|-----------------|--------------|
| Shun<br>4 巽四 | Lei<br>9 離九     | Kwan<br>2 坤二 |
| Chan<br>3 震三 | Central<br>5 中五 | Tui<br>7 兌七  |
| Kan<br>8 艮八  | Ham<br>1 坎一     | Kin<br>6 乾六  |



2008 Annual Flying Star Chart

|             |                |             |
|-------------|----------------|-------------|
| Shun<br>9 巽 | Lei<br>5 離     | Kwan<br>7 坤 |
| Chan<br>8 震 | Central<br>1 中 | Tui<br>3 兌  |
| Kan<br>4 艮  | Ham<br>6 坎     | Kin<br>2 乾  |

## Chinese Ancient Medicine

### -The Wisdom versus Knowledge

#### The Natural Way of Life

|                                 |  |  |
|---------------------------------|--|--|
|                                 | South<br>/Fire/Heart/<br>Summer/Growth |  |
| East/Wood/Liver<br>/Spring/Born | Center<br><br>Earth/Spleen             | West/Metal/Lung/Autumn (Fall)/Converge |
|                                 | North/Water/Kidney/Winter/Recuperate   |  |

Chinese always refer to things as 'East/West' (東西); the reason is simple because Wood and Metal represent solid base stuff while the North (Water) and South (Fire) both formless and normally ascribed with feelings and



emotions.

**東 (East)** is two words combined into one, Sun (日) and Wood (木), this implying the beginning of life forces.

**西 (West)** is a word that ascribed a bird is coming to a rest on a form of daylight is approaching to an end. Sunset scenario.

## The Chinese Medicinal View

South is heart and fire, North is Kidney and water, East is liver and wood, the west is lung and metal, while center represent Spleen and earth.

*The heart is pumping blood via organs to our body, liver will determine our condition, while lung will help us to maintain the balance of postures.*

## The Earth

Earth or spleen is the function of maintenance from the beginning till the end of life force.

## What to Eat according to Seasons

**Spring** (五穀爲養-5 Grain to ignite life force)

*Since spring is the beginning of life force, ancient people believed that we should consume 5-grains (rice, millet, soybean, red beans, wheat products)*

**Summer** (Thick soup)

*Summer is said to bring out the heat from our body from internally to outer part that that left out inner organs hollow or in vain (or the Yang energies surface). Thick soups serve to protect and reproduce Yang energies internally)*

**Fall/Autumn** (source or fermented food)

Ancient Chinese believed that all produces are ripped in fall, and by consuming sources like soy source, spicy source etc will add a flavor to help our digestive system.

**Winter (spirit)**

As winter arrives, the body Yang energies submerge inside our body, as we consume more foods with less activities, liquor or spirit will help the blow flow better, to keep our temperature at steady level.



## Chopsticks

A pair of chopstick consists of Yin (Static) and Yang (movement). While we using the chopstick the part that is moving is consider Yang and the part that is static is Yin.

## Round Dinning Table

Ancient Chinese believed that around table promote harmony and tactful environment. It is always believed that round table has no distinction of classes.

## 12 Concepts of Confucian Dining habits

1. Consume **refined**, tasty and delicacies foods, meats must be in tiny portions for easy digestion.
2. The **method of cooking** must be right, ancient Chinese only consume roast duck not roast chicken, it is believed that chicken itself contents fire nature and by roasting it will cause 'inappropriate' match.
3. Consume at the **right time**. It is encouraged to consume foods according to the foods or fruits seasons.
4. The **slicing method** also important. The inappropriate method of slicing foods is dependent of the cook or chef, if the method is used incorrectly, that proved that the chef does not know how to cook the food and the end result would not be good.
5. The **right source** with the right food. Beside the right season, the right source to accompany the right food is critical. This is to emphasis the right combination while cooking.
6. Do not consume the rotten food. Food that is outdated, **contaminated** will normally cause a bad smell; it is common not to consume food like this.
7. The portion of meat cannot over take the portion of 5 grain. Grain type food like bread, rice is the staple food and meats are normally served as a side to help promote the building of blood and cells. However, the **portion of meat must be less than the portion of staple food**.
8. Liquor must be consumed at the **right portion**. Excessive drinking will cause harm to our body.



9. Do not consume drinks and foods from the markets. It is believed that market place provides unreal or inauthentic food or drinks that **unscrupulous traders** sell. \*not applicable to modern world
10. **Consume ginger** to reinforce your Yang energies and consume radish to aid digestive system.
11. **Consume the right amount**
12. **Stop talking while dining!**

| 5-<br>Taste/Elements | Organs | Functions   | Foods  |
|----------------------|--------|---|--|
| Hot/Metal            | Lung   | Blood flow, increase and improve metabolism rate, release heat  | Pepper, chilli, ginger, white liquor, scallion stalk, perilla, Chinese cinnamon, medicinal wine  |
| Salty/<br>Water      | Kidney | Decrease flam, improve the function of kidney, eliminate swell ness, eliminate excess storage, smooth stomach, and eliminate constipation | Kelp, laver, sea cucumber, jellyfish, crabmeat, clam, whorl, salt, soy source, duck meat, pork, barley,                                      |
| Bitter/Fire          | Heart  | Reduce heat, improve function of spleen and stomach, dryness, reduce diarrhoea  | Balsam pear, lactuca chinensis, lily, ginkgo, tea, light carcinogen  |
| Sweet/<br>Earth      | Spleen | Reduce stress and tension, improve blood flow, increase lung capacity   | Asian Grass, sugar, watermelon, apple, papaya, tree fungus, meat, fish, sponge cucumber, pumpkin, Chinese cabbage, celery, eggplant, spinach |
| Sour/Wood            | Liver  | Improve diet, reduce perspiration, improve digestive system   | Lemon, mango, laichee, olive, plum, peach, pomelo, oranges, hawthorn   |



## Stem Adoption Water Method-Part A –Fu Shing Water Method

To understand the application of such method, we must break down the core into 5 parts for easy understanding.

### 1. Stem Adoption Theory-Bagua in relationship with the Lunar

Kin adopts Kap, Kwan adopts Yuet and Kwai, Kan adopts Peng, Tui adopts Ding, Chan adopts Kang, Shun adopts San, Lei adopts Yam and Ham adopts Kwai.

'Kin 9 Kwan 1/ Lei 3 Ham 7 with Tui 4 Kan 6/Chan 8 Shun 2'

If you read in between the lines, you can be amazed to figure out the rational of 9162 represent Kap Yuet Peng Ding, while 7382 represent the Mou Kei Kang San.

### 2. Net Ying and Net Yang Theory

Firstly please understand the Yin and Yang of Bagua:

Kin/Kwan/Ham/Lei is grouped as Yang Kua

Tui/Kan/Chan/Shun is grouped as Yin Kua

### 3. 24 mountains Branch Adoption Theory

- Rat adopts monkey, rat, dragon, kwai Ham Kua
- Ox adopts snake, rooster,Ox, Ding Tui Kua
- Tiger adopts tiger, horse, dog yam Lei Kua
- Rabbit adopts boar, rabbit, goat,kang Chan Kua
- Dragon adopts monkey, rat, and dragon, Kwai Ham Kua
- Snake adopts snake, rooster, and ox, ding Tui Kua
- Horse adopts tiger, horse, and dog, yam Lei Kua
- Goat adopts boar, goat, and rabbit, kang Chan Kua
- Monkey adopts monkey, rat, and dragon, kwai Ham Kua
- Rooster adopts snake, rooster, and ox, ding Ti Kua
- Dog adopts tiger, horse, and dog, yam Lei Kua
- Boar adopts boar, rabbit, goat and kang Chan Kua

### 4. Nine Stars

**Star 1-Tan Lang**, an auspicious star signifying wealth in possessing property, respect, and content environment.



**Star 2-Ju Men**, an auspicious star signifying both wealth and health in harmonious state.

**Star 8-Left Fu and Right Bi** (2 stars combined into one), two auspicious stars representing status in the community and supports from various aspects.

**Star 7-Wu Qu**, an auspicious star representing fame and fortune as well as academic excellence, and longevity.

**Star 3-Lu Cun**, inauspicious star that may cause depression, loss of loved one and wealth

**Star 4-Wen Qu**, inauspicious star, committing adultery, water crisis, eyes sickness, strokes related, fire crisis and monetary loss

**Star 5-Lian Zhen**, most inauspicious star of all, fire and water accidents, sickness and diseases, deception, robbery and so on.

**Star 6-Po Jun**, inauspicious star related to legal issues, deafness, and sickness.

**Auspicious: 8FU 7WU 1TAN 2JU**

**Inauspicious: 3LU 4JU 5LIAN 6PO**

**YANG**

**Kin (Kap)**

|        |       |       |       |
|--------|-------|-------|-------|
| Lei7 * | Shun5 | Kwan2 | Tui4  |
| Kin8   | Kan6  | Ham1  | Chan3 |

\*Koon Kui Yao-avoid receive from this direction

**Kwan (Yuet)**

|      |       |       |        |
|------|-------|-------|--------|
| Lei1 | Shun3 | Kwan8 | Tui6   |
| Kin2 | Kan4  | Ham7  | Chan5* |

\*Koon Kui Yao-avoid receive from this direction

**Ham (monkey/rat/dragon/kwai)**

|      |       |       |        |
|------|-------|-------|--------|
| Lei2 | Shun4 | Kwan7 | Tui5   |
| Kin1 | kan3  | Ham8* | Chan6* |

\*Koon Kui Yao-avoid receive from this direction

**Lei (tiger/horse/dog/yam)**

|      |       |       |      |
|------|-------|-------|------|
| Lei8 | Shun6 | Kwan1 | Tui3 |
|------|-------|-------|------|



Kin7\* Kan5\* Ham2 Chan4\*

\*Koon Kui Yao-avoid receive from this direction

YIN

Chan (boar/rabbit/goat/kang)

Lei4\* Shun2 Kwan5\* Tui7

Kin3 Kan1 Ham6\* Chan8

Shun (San)

Lei6 Shun8 Kwan3 Tui1\*

kin5 Kan7 Ham4 Chan2

\*Koon Kui Yao-avoid receive from this direction

Kan (Peng)

Lei5\* Shun7 Kwan4 Tui2

Kin6 Kan8 Ham3 Chan1

\*Koon Kui Yao-avoid receive from this direction

Tui (ding/snake/rooster/ox)

Lei3 Shun1 Kwan6 Tui8\*

Kin4 Kan2 Ham5 Chan7

\*Koon Kui Yao-avoid receive from this direction

## 5. Application

The method is rather simple, make sure you find the direction of the water flow, i.e. the house is facing tiger, tiger adopts tiger, horse, dog and yam in Lei Kua, while water flow from yuet, in which yuet adopts Kwan.

Lei Kua apply to Kwan Kua (Lei is Yang Kua while Kwan is also Yang kua, as a result this is a auspicious setting)

## Stem Adoption Water Method Part B

### Tian De Ren Lopan/Lokang 3 Tiers

-The core of a lopan is to measure and differentiate 'dragon', 'mountain', 'water' and 'direction' to avoid the unkind energies and harness the kind





energies. The three tiers of a lopan are to detect the dragon, energies, direction, and 'Sha' and see below of details.

## Sha-The Tip

*Sha is the tip of mountain, building, or object that can be viewed by our naked eyes in our viewing circumference. It is believed that any object by itself cannot produce any effect of energy on human beings without the interaction of cosmic, earth and human elements. The tip of an object is said to act like an antenna to receive 'frequencies' from stars above the sky, in particular the 28 groups of stars. In the 1970s, archaeologist found out ancient historical relics proved that the existence of 28 groups of stars indeed was used quite common in ancient world. The 28 stars were divided into smaller groups with each having different 5 elements.*

## The Sha Method

**Firstly**, identify the direction of your house by using the first tier of the lopan and the sha by using the middle tier of the lopan.

**Secondly**, determine the 5 element of the Sha:

**FIRE:** Rat/Horse/rabbit/Rooster/Kap/kang/Peng/Yam.

**WATER:** Tiger/Monkey/Snake/Boar

**EARTH:** Yuet/San/Ding/Kwai

**WOOD:** Kin/Kwan/Kan/Shun/

**METAL:** Dragon/Dog/Ox/Goat

The direction of a Sha should be in creative circle, to the direction of your house. I.e. The house direction is Kwan (Wood) and the Sha direction is Tiger (hypothetical) then you received good Sha energies.

## Yin and Yang Water Method-the third tier of a lopan

The shedding of water follows the receiving of water. Both directions are critical but simple to detect. If the receiving side is Yin, therefore the shedding side should be Yang.



**Yin:** Chan/Shun/Kan/Tui

**Yang:** Kin/Kwan/Ham/Lei

## Period/Time Frame

**Angle Method:** example the direction of a house is Kwan, Kwan is the Wood element in accordance to Sha method, in the direction of Goat, we found a 'tip' which is metal element, the metal is destructing the wood, which produce unkind energies.

**Year:** The time or period that these unkind energies will be obvious is during the Boar/Goat/Rabbit years. Which is the San Her combining theory.

**Month:** Since the Goat is dashed with Ox, this will happen in the month of Ox.

**Flying Gallop Method:** example the direction of a house is Monkey (Water), and the Sha is Ox (Metal), in this case the Metal is creating Water in our favor, therefore, we will receiving the kind energies.

**Year:** The time or period that these kind energies would take place is during the Monkey/Rat/Dragon years.

Which is also utilizing the San Her Combining theory.

**Month:** The only different is also utilizing the combining method here, which is the combined method rather than the dashing effect. Ox is combined with Goat and there, this kind energies will take place during the goat month.

(The first tier of lopan is to determine the direction as well as the Year of kind and unkind energies will take place, while the direction of the Sha will determine which month the unkind or kind energies will take place)





京房八宮卦新義

## The New Paradigm of Jin Fang Eight Palaces Gua

The basic Eight Palaces Gua is arranged in the order of Kin, Chan, Ham, Kan, Kwan, Shun, Lei and Tui, with Kin commands 3 sons while Kwan accords 3 daughters. Such systematic arrangement with little changes cannot explain the Yin and Yang concept and the changes within. On the other hand author has different view on such issue.

### 八宮卦序

## The Arrangement of Eight Palaces Gua

The arrangement of Eight Palaces Gua in order of Kin, Chan, Ham, Kan, Kwan, Shun, Lei and Tui, with Kin commands three sons while the Kwan accords three daughters, this is the general conviction of most I-Ching scholars. With no dispute that Jin Fang finding was base on the text of "Shui Gua Chuan". It is based on the arrangement of Eight basic Guas as Eight palaces; with each Gua has it own six Yaos, called 'Chong Gua', the two sets of three Yaos stack on each other to become six Yaos of 'Chong Gua'. Every palace gradually changing the first Yao to become a new Gua. For instant, six Yaos of Kin Gua with changes in first Yao has resulted first three Yaos still a Kin Gua and the upper three Yaos become Shun Gua called Tian Feng Guo Gua and so on. The fourth changes swayed away from Kin and change from Kin to Kwan. As a result of such conflict with Kwan Gua, therefore the six changes revert back to



fourth Yao changes, as result Fire Earth Chun Gua emerged as Yu Wen Gua and last Gua with Gui Wen Gua. Such changes are acceptable and recognized by many scholars and also the sole explanation on Jin Fang Eight Palaces thus far. So far such changes would only explain the changes in the Gua within the eight palaces and nowhere to explain the Yin and Yang concept. 'Jin Shi Yi' constantly discussed the Yin and Yang in line with the concept of changes that evolved around Yin and Yang, with Yin set and Yang rise and vice versa. Such changes involve the cosmic and human indefinitely.

I-Ching scholar arranged the Eight Palaces Gua accordingly but that could not be his intention to begin with. Such arrangement did have flaws and sad to know that it cannot perform to fullest. For example, how the 4 main Guas and 4 corners Guas perform and function appropriately? How to interpret the meaning of 'Fei Pu Yu Qiu'? Every Gua and every Yao has its own Yin and Yang, Si and Ying's Yin and Yang, the Lok Shu magic number's trail and so on. Today let me explain briefly such queries.

#### 洛書軌跡

#### **Lo Shu Trail**

'Jin Shi Yi Chuan' mentioned that Fire and Metal in Period 2 combined as Earth's Koon, it is a conviction that the Eight Palaces Gua is based on the Lok Shu magic numbers, 94 as metal, 16 as water 27 as fire, 38 as wood and things repeat it selves every 'six' multiple, it is related to eight sequential steps of life journey which begin with start, ignite, journey, experience, fly, hibernate, swim and return. That as a result the 64 Guas are emerged. The observation of comic stars and the changes of topography or landform in which end up with the beginning is synonymous with life and death of living beings.

*'Start' is explained as a mother who gave birth to new born and the baby start to cry and relevant to the beginning of life force, 'Journey' is the journey of life, 'experience' is the process of going through the path that might bump into ups and downs of life, which is also the ugliness and happiness of living beings. 'Chung' is the sickness and aging process that lead to death. 'Fly' is the emotion and feelings related to happiness, kindness and Yang part of life, 'Hibernate' is hidden with opportunities and threats, unforeseen circumstances and sadness or Yin part of life. 'Wander' is path of life after death and 'Return' is associated with reincarnation of living beings. 'Begin' is associated with the beginning and ending of life forces.*



卦之陰陽

### **Yin and Yang of Guas**

Heaven (Cosmic) is Yang, Earth is Yin, and The 8 Palaces of Guas is divided is equally to:

#### **32 Yang Guas.**

The Yang Guas are: Kin 乾, Gou 姤, Dun 遯, Pei 否, Shun 巽, Siao Xu 小畜, Jia Ren 家人, Yi 益, Kan 艮, Pen 賁, Da Xu 大畜, Seun 損, Kwan 坤, Pu 復, Lin 臨, Tai 泰, Chan 震, Yee 豫, Kai 解, Hang 恆, Tui 兌, Kun 困, Sui 萃, Xian 咸, Ham 坎, Ji 節, Tun 屯, kei ji 既濟, Lei 離, Rui 旅, Ding 鼎, wei ji 未濟 ·

#### **32 Yin Guas**

The Yin Guas are: Kwun 觀, mok 剝, Chin 晉, Da Yu 大有, Wu Mang 无妄, Ser He 噬嗑, Yi 頤, Gu 蠱, Kwai 睽, Li 履, Chong Fu 中孚, Chien 漸, Da Chuang 大壯, Kui 夬, She 需, Pi 比, Shen 升, Jing 井, Da Guo 大過, Chui 隨, Jin 蹇, Chian 謙, Xiao Guo 小過, Kui Mei 歸妹, Ker 革, Feng 豐, Ming Ye 明夷, Ser 師, Mong 蒙, Huan 渙, Zhong 訟, Dong Ren 同人 ·

The combination of both Yin and Yang existed in line with the formation of Guas that begin with Fly, Hibernate, Wander and Return in 'Chong Gua' with the track of Lok Shu magic square. This is critical symmetrically to the journey of life forces

Chu Xi mentioned 'The ignition of Heaven and Earth has resulted in Yin and Yang, the interaction of the two energies has created life forms and forces. This creation has led to the forming of identify. Life and death, male and female, static and dynamic, contract and expand, up and down, whole and part, solid versus gases and the list goes. Jin Fang has placed great emphasis on the Yin and Yang concept. This has led to the conviction of using Eight Palaces Gua. The Yin and Yang not limited to the Eight Palaces Gua but the Yaos in between the Guas. This is the real essence to explain life form.

**By Grand Master Lau**

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Your letters and comments are always welcomed!



**-Kerby Kuek**

