

The Power of Feng Shui

FENG SHUI THAT MATTERS (CHINESE ENVIRONMENTAL STUDIES) -BY KERBY KUEK

Feng Shui is Science and Feng Shui is part of us....

Feng Shui involves studying the environment to create desired outcomes that you might not otherwise consider. Just as the subatomic particles that comprise us cannot be separated from the space, time and particles surrounding us, living beings cannot be isolated from the subtle energies of the environment in which we live in. The power of Feng Shui, not as something you do, but as the energy of which you are a part of it.

IS Feng Shui Miracle?

The straight answer is NO. No legitimate practitioner will promise that Feng Shui can perform miracles. Can you earn a living without going to work? Can your business venture succeed without the proper attitude, hard work, business acumen and wisdom? The answer is obvious. Feng Shui serves as a tool to create synergies that attract opportunities conducive to enhancing your wealth, health and happiness. If you are a heavy drinker and smoker and yet want Feng Shui to enhance your health, it is rather ridiculous.

Nevertheless, when you bring together faith, determination and the aid of Feng Shui, miracles do happen!

Take a minute to ponder why some blue chip companies launched in the eighties went bankrupt or are stagnant today while in the nineties, new and breakthrough companies mushroomed and became top 100 companies. It is a Feng Shui cycle! Everything happens in cycles and is bound to repeat itself repeatedly.

Life is in a Queue in line, a Queue to face Obstacles and Challengers

Life is full of challengers and obstacles, this is the fact. However, if you persist, just like a queue in line your turn will come and there is always a bright light at the end of the tunnel. Feng Shui will provide a clue as and when you will see the light at the tunnel.

Change

Chinese believed that earth's magnetic field forces are in constant movement in accordance with planetary bodies' movement, and the energies related to the time dimension do not stay the same. For instance, Saturn and Jupiter come into a new alignment every 20 years and such an occurrence will result in changes of magnetic field forces. These changes thus filter down to earth and human beings. In Feng Shui, the time element is crucial. No person, home or office enjoys good cycles or bad cycles forever. Different cyclical patterns of energies have different weaknesses and strengths depending on the Period at hand. **We do not believe in lucks but opportunities**

by Kerby Kuek

What you do (feel) in current downturn of economy?

Prices of new and existing homes were dropping substantially and will continue to drop further, you have negative equity, your assets are shrinking or downsize, employment rising, foods prices rising and your job is unstable. You feel lousy and discontent about current state. Your confidence is dampened and you feel lethargic, constant argument among family members and your health is deteriorating. Stop and reorganize your thoughts and actions for a moment.

The study of a person's state of happiness (contentment or discontentment) by famous Reinhold Niebuhr resulted the following: The level of happiness of a person are determined by three factors:

1. DNA determined 50%. (Fate determined your level of happiness)
2. 10% was determined by external factors (i.e. fame and fortune)
3. 40% was determined by your thinking (perception, paradigm or mindsets)

Change Your Perception

In other words, to change the way you think, perceive and your mindsets will be a lot easier since to **Change the external factors and DNA is next to impossible**. If you want to feel happy, you are left with one possibility that is to change the way you perceive things. You and your thoughts determine the level of happiness. When you feel happy you will radiate the energy to people surrounding and the returns will be overwhelming. It is up to you.

To view current state of economy, it is pretty much predictable since things are always in cycle. What goes up must come down and the good thing is, what goes down will rise again and it is matter of time. There is always light at the end of the tunnel. This has been going on for the past and will continue to do the same looking forward.

Think of 1 and 2.

One calligraphy master of my recently wrote 4 words in Chinese calligraphy (常念一二), which literally translate into English "Think of 1 and 2." To understand such statement we must first examine another common phrase in Chinese (人生不如意事十常八九), which translate into English, *Out of ten events in the journey of life, on normal course will bump into 8 or 9 obstacles*. Think of 1 and 2 is focus on the positive factors, smooth event or outcomes when come to handling predicaments. In easy term think of 'half full' and avoid 'half empty' motto. It is easily said than done you might say, well I was being negative about this one, sorry, yes, you will never feel the differences if you do not even try.

And it is true that things will always turn out right when hit rock bottom. Keep on keeping on. Learn to be a happy person. Love your family and care for friends. Reorganize your thinking and act positively whenever possible. Try strengthening the relationship and you will come out stronger and better. In good times prepare for the worse to come and in bad times welcome them as the worse might be over soon.

Do not ask me when things will turn around just 'Think of 1 and 2' in bad times!!!

Stories from Ancient Chinese Wisdom

The Goat and Turtle Race

There was once a goat challenged the Turtle for a race and the turtle agreed to race him the next day. During the race, the over-confidence goat looked down the turtle and said to him 'you will never going to beat me as my speed is much faster than you are'. The turtle replied 'say no more and let the race begin'. Just after the starting point, the over confidence goat asked 'Where are you turtle? You are nowhere to be found'. He then heard voice in front of him and realized that was the turtle. 'You better catch-up, I am in front of you' said the turtle. The goat then runs to the fullest and after a while, he looked around and asked again 'Where are you turtle? You are nowhere to be found'. The voice came out from the woods and said, 'You better catch-up, I am in front of you' said the turtle. The over-confidence goat started to tumble and in deep fear. It was rather obvious that his over-confidence started to diminish, he continues to run to the fullest, and by the time, he reached the finishing point the turtle already there. The goat wept and his confidence was totally wiped out.

(Knowing the race was one-day later, turtle gathered all his family members to line up from the starting point until the finishing point. Morale of the story-**The intelligence is better than the speed!**)

The Smart Kid and the old Wise Man

One day, a smart kid try to challenge an old wise man by asking him a question, "You are a wise man known to have all the answers in life with advance, I am holding a bird in my hand, do you know the little bird 'alive or dead'?. The old wise man was a bit shock, knowing if he answers alive, the smart kid would have kill the bird, at the same token if his answer was dead, he would have set the bird free. The wise man was court in between hard and a rock place. Guess what the wise man answer was. "The fate of the bird lies in your hand", he then walked away.-(**You are in control of your own life**)

80-storeys

There was once a couple try to go back to their home at 80th storey high. They were carrying bags on their way up. Before reaching 20th storey, they were energetic and filled with fun and joy on their face and heart. Beyond 20th storey mark, they felt the bags were too heavy and left the bags on the 25th storey. As each step approaching 40th storey, they condemning each other and both were grumpy about not bringing water from the bag. They kept moving upward and by the time they reached beyond 60th storey, they have less to say and just looked at each other with on their face. The journey from 60th to 80th were monotonous and rather dull, by the time they reached 80-storey and to realize that they left the house key in the bag at 25th storey!

(Looking back, in retrospect. Most important decisions are made in the earlier twenties. Your prime time's actions and activities shaped your identity and created a path for your journey. That is why we should always refer and check our instinct or **inner heart for the true answers in life**).

The Mice

There was once a little mice was envy about the sky and said 'sky, sky, I admire you very much because you are the best, you covered the whole world and you are the invincible. Sky then replied and said 'no, no, I am not invincible, I am afraid of clouds, because clouds do block my view as and when they wanted'. The little mice then went to clouds and said 'dear clouds, I envy you all very much and you are the best and invincible'. The clouds replied and said, 'no, no, we are not, we afraid of wind, because wind will blow us away as and when the wind wanted'. The mice then went to see the wind and said 'dear wind, I envy and admire you the most because you are invincible'. The Wind said 'no, no I am not invincible, I am afraid of walls, because walls will block and knock me down badly'. The mice then went to visit the walls and said 'dear walls, I envy you the most because you are so strong and invincible'. The walls looked at the mice and said 'I do not think so, because you eat up holes on my walls as and when you wanted and I think you are invisible!-(**We are all invincible**)

The Power of Feng Shui

Steady Mouth with Content Heart 穩口心藏

Knowing when to open and shut mouth is a very important aspect in learning traditional metaphysics. Ancient values like filial piety and respect were deeply rooted in Chinese communities. The more you know the more you will find out that what you lack of, the only constant is learning and never let your guard off.

Passing the Essence of Knowledge via Oral Teaching 口授心傳

Traditional teaching was based upon passing the true of real essence of the knowledge through face-to-face oral teaching. This is to explain the crux of the message and its application. Books were tool to understand the surface or meanings and often-oral teaching will be able to make use of bilateral communication in a broader and depth manner. In ancient texts, words are with hidden knowledge and one should read in between the lines, which carry metaphors that can be explained only by the author. That is why when learning metaphors of any arts; the face to face of oral teaching is critical.

A term that is often widely misused!

“藏風聚氣” This in direct translation into Chinese means, ‘Gathering the wind and harnessing the energy’. This statement in ancient text is purely meant for Yin Feng Shui application (as in graveyard). In ancient day, the graveyard is critically important as place for burying the death (ancestors) will have impact on the living beings. A good Yin Feng Shui will ensure the younger generation lives with good health and prosperity. In searching for such site, the above basic yet difficult theory of “藏風聚氣”, ‘Gathering the wind and harnessing the energy’ will apply.

The rationale of such theory is that the ancient Chinese long believed in ‘the science of chemical reaction’. It is believed that the bones of the death, overtime, will have certain kind of reaction with the underground earth to form and radiate energy that have impact on the living beings. A good site will provide the above impact and vice versa. It is apparent that such term is used for Ying Feng Shui only.

A good house Feng Shui (Yang Feng Shui) will require **enough sunlight** and **good air circulation**, without these, we would feel lethargic, uneasiness as well as depression in worse case scenario. It is common sense that these two factors will affect our thinking and thus behavior. Too dark or poor ventilation will result in certain poor behaviors and characteristics.

Note that when I mentioned good air circulation, in Yang Feng Shui, we need to breathe in clean air and feel nice if there is light breezy airflow flow by us. The notion of gathering the wind and harnessing the energy did not, does not and will not apply in Yang Feng Shui. Such deviation or explanation by modern text is due to lack of in-depth understanding of ancient terminology.

Fate, Destiny, Feng Shui, Good deed and Education (FDFGE)

‘一命、二運、三風水、四積陰德、五讀書’, Ancient Chinese believed that Fate, Destiny, Feng Shui, Good deed and Education determine our life journey accordingly. First and foremost our birth details embedded certain codes of life together with destiny will determine our life path. The Fate and Destiny is coiled as DNA or internal factors in modern context that we cannot change. However, we can use Feng Shui, Good deed and Education to affect our journey of life, such as improving the quality of our lives and enhancing health. You and I agree that only external factors can be changed.

Ancient Chinese believed that some places or locations are more auspicious than others. This belief grew out of the simple realization that every building is affected by the way in which it faces mountain or river. For example, the ancient Chinese learned that a house facing south, located halfway up a hill (back is supported by hill) on the north side of a river mouth got enough sun light while being protected from gusty winds. It also avoided floods while still having access to water for agricultural produces. In such a setting the house stayed warm in winter, crops grew, livestock flourished and the family prospered. *Feng Shui is about harnessing beneficial energy and evading negative one*

As for *Good deed*, giving to needy people requires courage and energy; such effort will be rewarded in return as good karma breed good rewards. After all giving to others make us feel happy and content. Good deed includes donation and charity works especially for grassroots people.

Knowledge is power and education is a must in today's information age. *Education also serves to build a more civilization nation.* History tells us that the best way for moderation is through education. It is through external factors like Feng Shui, Good deed and Education that one is able to change the quality of life. Believing the world is abundance and we all have the 'right' to earn it. Live life with passion and make it a meaningful one.

Higher by an inch is a Mountain/Support; Lower by an inch is Water/Wealth.

(高一寸是山, 低一寸是水)

This statement is vague (for that matter, all texts in Chinese are vague) and therefore created unnecessary interpretation of such by many. It is logic that a rear support must be higher and a water element must be at the lower area. The above statement serves to tell you only that the support is higher than the front, nothing more than this simple explanation. Many read things and translate texts directly and resulted confusion. For those educated westerners, please read and see thing in the eastern manner and do not take for granted. But that does not mean that you can translate things willingly without in-depth knowledge or findings. Ancient Chinese did things in rational and logical manner as well.

There are differences between the western and eastern mindsets and paradigm. Anything that cannot be seen is not scientific. The western approach and paradigm are based only on 'vivid' or 'naked' evidences while the ancient Chinese were based upon the subtle evidences that beyond our naked eyes can comprehend call 'enlightenment'. Ancient Chinese treated everything, hill, mountain, river, ocean, plants, and building with life force energies. They do see and touch things differently. A Chinese doctor will feel where the pressure points are in a patient rather than 'see' where the pressure points are. However, when such person is dead so do the pressure points. Nevertheless 'In god we trust', but can you see god? What a contraction of life! Can you see winds? You can only feel the wind flow and 'know' the existence.

by Kerby Kuek

The Power of Feng Shui

Feng Shui study is about cumulating and sustaining positive or kind energies, embracing Yang and Yin elements while avoiding the negative ones. Natural catastrophe like flood, typhoon, forest fire, and the intruders of other human beings as well as wild animals resulted in a need to have a safe residential. At the same time to fulfill our essential need is to avoid hunger.

The intellectual of human kind reacted quickly to environmental changes and adapt well with such transition. The search to avoid hunger is acronym with searching for source of water, and the search for better living environment resulted in building a 'safe home' with four walls surrounding the inhabitant that protect them from gusty wind and wild animals. Such evolution includes improving the human quality of life. Feng Shui definitely plays an important role in the process. The architectures of ancient Chinese buildings were strong evidences of Feng Shui evolution in China.

The ancient Chinese long understand the relationship of cosmic energy, earth's natural energy and human energy. The Interaction among these created a living atmosphere and Feng Shui serves to strike a balance and make the fullest out of this.

10 Easy Feng Shui in Modern World Living

1. Anything that is too big or too small is not ideal, be it bedroom, living room or home office. Privacy is the key issue here, but too big will let to disperse or un-concentrated kind energies, too small might let to depression or emotional upswing.
2. For those who live in high rise apartment of condominium, either too low or too high is not good either. Too high is deemed as lack of support while too low might face noise, smell or even insects' threats.
3. Enough sunlight to the living room, bedrooms as well as kitchen. Use energy saving bulbs and replace bulbs immediately when lights were not working.
4. Avoid sharp corners, for safety reason that you or your kids might bump into it.
5. Avoid sofa and bed from any object from above suppressing down. This is the natural law of wind flows direction being disrupted and causing the wind direction to hit on you. Guess what? You might a headache from this.
6. Use less electrical appliances and off your plugs if not in use. This might lessen the admission of radioactive.
7. Use less water to conserve energies. Well, since water represents wealth!!
8. Recycle whatever you can.
9. It is suggested more greenery at home, place plants or flowers at home to ignite fresh and colorful energies to home.
10. Last but not least, ensure no leakages of pipes, a sign of wealth leakages. True, you pay more for the water wasted!!

by Kerby Kuek

Feng Shui Taboo

1. Mirror in bedroom causes bad relationship.

This is not true at all. The only thing that might cause you is a headache. Try this on for size, imagine you wake up in the middle of the night without a light on and see yourself in the mirror, you might scare yourself off!

2. The toilet should not be located in the center.

Can't seem to put into logic as the ancient Chinese will never have their toilets anywhere else except outside main building. The only rational is the hygienic part, but as long as you keep your toilet clean and constantly close your toilet door things should be in order.

3. Number 4 is bad and number 3 is good.

The Chinese main language is Mandarin while most popular dialect is Cantonese and therefore is only logic to have beliefs about the phonetic meanings of certain numbers. 4 sounded like 'dead' while 3 sounded like 'alive'. Surprising the reverse is true in Feng Shui flying star numbers where the 4-star is good for a academic excellent while 3-star is associated with 'grievances'. Let's not blame your luck when you live in 4th, 14th etc floor. Just keep in mind that 4 will enhance your intellectual capability.

4. T-Junction brings bad luck for business.

The energies create in such area certainly indulge some uncertainty but never assume such energies are bad. Certain busy places in cosmopolitan like New York, Hong Kong and London to name a few whereby such settings bring in fortunes. Never assume things, just think logic will help your Feng Shui adventure a more meaning one.

5. Fish Tank represents Wealth

It is a common practice to place a fish tank in the wealth sector and therefore created the confusion that fish tank equals wealth. This is taken for granted by many. Is it the fish tank? The fish? Or the water that created the magic touch? The answer to my best knowledge: It is the movement created by the fish inside the water that matters. The movement of fish or any object in the wealth sector ignites the subtle fortune energies and thus brings in the kind energies into your family.

6. Red color is auspicious at all occasions

Traditionally, red is acronym with auspicious and celebration in Chinese culture. Nevertheless please keep in mind that red is strong fire and it is a strong Yang energy, therefore one should not take for granted that red is auspicious for all occasions, especially come to main door or your bedroom color. Certain people should avoid using red color, for those born in hot summer should not use this color either.

7. Black is Inauspicious Color at all occasions

This is also a traditional belief that black brings bad luck in ancient Chinese culture. Certain people will find black color bring kind energies to them-for those who born in hot summer will find water element brings such energies to them, this is because black color is water element. Only those born in cool winter will find this inauspicious to them.

8. Graveyard at vicinity will bring bad luck

Traditionally, ancient Chinese or even today Chinese place great emphasis on the Yin Feng Shui whereby their ancestor graveyard is treated as most critical factor that will determine the fame and fortunes of the young ones. As such, such area should be good Feng Shui to begin with. At the same token, since such area carry too much yin energies as well as psychological impact on the living beings to live close to graveyard, most people will avoid living close to such area. Should your apartment or house near such area, as long as you feel good about it, you should stay there.

Is your front door facing the staircase?

A staircase directly facing the main door is recognized as a 'leakage' of wealth. Many of my clients in the United States face the problem of their staircases directly facing the main door and they indeed experience difficulty in sustaining wealth. Avoid such a house setting if possible. However, if it cannot be avoided, the issue can be solved by placing a plant at least three feet tall and with big leaves to sustain the outflow of energy. Take a minute to think of the logic behind such a rationale: the flow of energies from upstairs directly exiting out the door is not something superstitious, just some common sense

11 DO and Don'ts of Home Feng Shui

- 1. The front door should not face Kitchen Directly**
Such setting is classified as 'retreating' of kind energies from home.
- 2. Bedrooms' doors should not face your main door**
Such setting is said to bring 'lust' to members
- 3. Living room is the middle of the house is ideal**
Such setting is said to generate kind energies to family members
- 4. Iron bars suppressed from the ceiling**
Such setting create an obstacle to your subconscious mind
- 5. Mirror facing your bed**
You do not want to wake up and see yourself in the middle of the night or early in the morning before you wash up do you?
- 6. Bedrooms should not be in dark colors**
Colors such as dark blue, dark red, black is said to bring excessive Yang energies to your peace at night.
- 7. Wash rooms facing your bed**
Such inauspicious energies will let to health problems
- 8. Plants with ideal size is recommended**
Sizeable plants (not too big) are recommended, as this will bring more lively energies to the house and in particular those who require more wood in their life.
- 9. Clean and not leaking toilet all the time**
This is to avoid leakage or unsustainable wealth
- 10. Bed should not under a big window**
Common sense tells us that such orientation will cause a bad **headache**
- 11. Enough sunlight or lighting at nights**

Sufficient sunlight in the daytime and lightings at night is essentially the mood setter for members.

EASY FENG SHUI

11 DO and Don'ts of selecting a site for Home

1. **Avoid nearby flyover especially under it**
Besides suffering from a noisy traffic, such setting also brings unkind energies to the house.
2. **Sharp object directly facing your window or door**
When I said directly facing meaning that the object is at small eye level to your house or window, and distant apart does not caused too much concern for us.
3. **A direct road facing either your front door or rear door**
Such setting is said to bring unnecessary grievances or back stabber to family members be it at work of home.
4. **Too big of tree near your door**
Anything that is too big is bad to the family members. Such setting will block away any kind energy from entering your house.
5. **Nearby factory**
Any factory especially chemical factory poses health problems to members.
6. **All glass home**
Transparent home is bad for privacy and causes constant arguments among members.
7. **Avoid a round shape home**
It is a general saying is Chinese that the heaven is round and the earth is square. We human being can only live in a square shape home and only 'god' can live in a round shape home.
8. **Avoid hospital, funeral home and churches nearby**
Such setting is said to attract too much unknown energies to the vicinity. Such energies might be good or bad.
9. **Your front door with dying trees**
Such dying trees or plants nearby might cause health problems to members. At the same token, face retreating energies.
10. **Too small unit or too high**
Avoid selecting a house that is either too tall or too small in the area.
11. **A cross roads that mirrored like a scissor**
This is a no in Feng Shui principle; such setting might bring unkind energies to home that lead to mental disorder or depression

Office Feng Shui

Feng Shui is a valuable tool in your workplace. It aids in increasing sales, boosting morale of employees, increasing productivity and inducing kind energies. Apply Feng Shui at your business or home office. At work, you should have your seat on a solid surface and have stable back support; you should create an artificial support if you do not have one. You can do this by placing 8 white stones or pebbles under your seat, or cover your seat with brown and yellow cloth. Below, please find the things to avoid in your workplace.

Back of your seat is facing the door.

This makes sense since the rule of thumb requires your back to have support so any opening from behind is deemed as a leakage or a loophole to interfere with your support. You will find it hard to have support from superiors or your work will require constant correction or amendment. If you cannot or do not have a choice, you should place a yellow or brown shirt to cover your chair and place 8 white stones under your seats. Nevertheless, make sure you arrange them properly and not out of place. Ideally, you should move your workplace as well.

Take a minute to find out which of your co-workers face such a situation and examine the repercussions he or she has, if any. If it is true for your co-worker, give this book to him or

Behind your seat is a wall plate mirror.

A wall plate mirror is essentially the same as having the back of your seat facing the door. The rational behind this is that the mirror reflects you without any concrete support. The mirror also serves as an absorbing tool to attract kind energies like water. However, since you are in front of the mirror, your energies will be drained away! You will feel muscle pain and lethargic most of the time.

Take a minute to examine what type of mirror you have at your home or office. Some mirrors are concave out and some are flat, for different purposes. The flat mirror serves to absorb energy while the concave outward mirror serves to reflect away energies.

External Environment that affects us?

Is a construction site in the vicinity?

Major health problems are caused by construction sites. Construction sites not only attract 'unkind energies' to the house, but the sound of drilling and demolitions, as well as dusty debris, are also bad for a person's health. Again, I would recommend the use of the 5-elements theory to counter the unkind energies.

Any nearby buildings with bad energy?

Old, deserted, too tall or too small buildings nearby will affect the inhabitants of the house. Old and deserted buildings will bring excessive yin energies to the house. Sharp-edged neighboring houses that directly face your door are also believed to bring in unkind energies.

Any big or dying trees nearby?

Too big of a tree will create excessive Yang energies because anything that is excessive in any dimension is considered to attract 'unkind' energies that disrupt otherwise 'kind' energies. What should you do with big trees? You need to handle them with care so as not to offend your local authorities. Trimming it is the best solution. What if the tree is dying? Dying trees are believed to radiate 'unkind' energies that might slow down a person's life progress. If you have not already purchased such a house, I would advise you not to as it would affect a person's well-being. In case you have already resided there for some time, you should place a cup of water facing such a tree if you cannot get rid of it. The water element is said to drain off the unkind energies radiated by dying trees.

Internal Environment that affects us?

Any clutter to clean up?

Our homes are overflowing with clutter, and too often, our solution is to move to bigger homes, but the clutter remains. In the home cleaning process, you can clean a room many times but if you do not examine the clutter, it will continue to carry the similar energies. Before applying Feng Shui aids to the home, you need to clean the home to remove the old, stagnant and unkind energies.

Clutter is said to produce excessive unkind energies, especially Yin. Ancient Chinese believed that the stagnation of old energies hinders the inflow of new 'kind' energies. So next time, when you want to buy new stuff, take the opportunity to get rid of the old stuff. Clear your clutter for new energy!

Is your front door facing the staircase?

A staircase directly facing the main door is recognized as a 'leakage' of wealth. Many of my clients in the United States face the problem of their staircases directly facing the main door and they indeed experience difficulty in sustaining wealth. Avoid such a house setting if possible. However, if it cannot be avoided, the issue can be solved by placing a plant at least three feet tall and with big leaves to sustain the outflow of energy. Take a minute to think of the logic behind such a rationale: the flow of energies from upstairs directly exiting out the door is not something superstitious, just some common sense

Are the kitchen and bathroom facing each other?

A kitchen is 'fire' and a bathroom is 'water', in accordance with the 5-Elements theory. When fire meets water, the result can be destructive scenarios, such as constant arguments or discord between family members.

Take a minute to check if your home contains such a situation. If yes, do not worry, there is always a solution from the Feng Shui perspective. Simply place a green carpet or water plants on either side of the door to produce a "bridging" effect for such a pitfall. You will argue less with your spouse or family members after you take such an action.

Three Forces or Power of Feng Shui-The Study of Time and Space

The first force or energy of Feng Shui comes from the 'heaven' or sky above. In this context, everything that is above the ground that is not attached to the earth is considered 'heaven'. You can see from here that the ancient Chinese direct translation of what heaven's mean, it is cosmic energy! The second force or energy of Feng Shui is earth or anything that is rooted on the ground. And the last force of energy is related to human or living beings. In simple term, Feng Shui is the study of interaction of cosmic, earth and human energies that influence our living and working premises.

Ideal Living or Working premises (Space)

The ideal living or working premises needs to satisfy 3 of the following criteria

1. **A good support from the rear;** be it a hill, a mountain, or a taller building from behind. However, the support should not be too far nor too close. This is a judgment call base on topographical layout at vicinity; for example, if you live in an Island and by definition you should look at the Island as a whole. The same with county, district or state in comparison. Such support is elderly, superior, supplier or some instances are your guiding 'angel' in life. Without such support, you will lack of social skill and ability. Also when you are in trouble you are not able to seek help quickly. Sense of coolness in relationship and in some cases your health is affected too. In simpler term, **a good support is for harnessing health issues. This is also making sense since support from rear protects strong gusty wind from entering your house.**
2. **Bright hall or water element in front of premises** is essential for harnessing the wealth energies. This can be easily understood by the fact that most coastal regions attract commercial activities and therefore creating wealth. The ancient Chinese knew this long time ago and Feng Shui is definitely an "environmental study" subject that documented more than 3,000 years ago and is a proven technique. Such energies will come with opportunities, and if your income stream is unstable like commission base or ad hoc basis, such element is definitely a must to keep your income stream more diversify if not more stable.
3. **Good supports from both left and right side of your premises.** Such supports need not be too high. Such supports actually serve to divert strong or unnecessary wind or energy flow for sides that directly hitting your site. In simple term, such scenario will help the resident from being back stab.

With the three criteria in tact, one must also take into consideration of another **important aspect, the 'time'**. The above three criteria serves a hardware and time is the software part that is critical to determine a success of failure of such premises. We will discuss this later in great details. To help you understand time aspect, think of U.S. and Africa in comparison, and think is U.S. and Asia in comparison. For those unable to get rich, it is a matter of time.

ON FENG SHUI-Water versus Mountain

You should know by know that Mountain governs Health while Water governs Wealth.

Water is essential the most important element in Feng Shui, it serves as the life source and bring off-spring, life, wealth and thus better quality of life to living beings. Is the mountain less critical or less important? Well, this is chicken and egg question! I can only tell you that the sequence of important is Water than Mountain. Try this on for size; you need to get your stomach full before you talk about freedom. You need to protect you own backyard before you talk about whole nations. Feed yourself before others! Once the entire act together, we will then talk about improving quality of life. It will come to a point that Water **brings wealth** while mountain will help you to **sustain** your wealth.

Time Therapy and Chinese Medicine

- Vitamin C to be taken before bed
- Cardiac disease patients to take digitalis at dawn.
- Diabetics more sensitive to insulin at dawn.
- Qigong is best practice during 3am to 5pm as the lung flourishes and Qi in command the whole body starts.
- The best state or body to produce and repair blood cells is from 11pm to 3pm-sleep time!

Chinese Medicine has placed great emphasis exerted on the body by changes of the day, night, seasons, wind, rain, dimness and brightness as well as astronomical changes. Scientists have proved that living things are influenced by the rising and setting of the sun, moon, alteration of the seasons, and climatic and astronomical changes. This is why most patients feel sober in the morning, easy in the day, aggravated by evening and worse during nighttime.

Sunspots release a large amount of charged particles that creates disturbances in the magnetic filed of the earth, causing magnetic explosions. The bioelectric current in the body also creates small magnetic field, whose magnetic explosions disturb the physiological and pathological activities.

Statistics indicate that when the Yin is declining in the strength and Yang is rising at dawn, the number of births and deaths in the greatest.

The influence of solar energies on human physiology and pathology is direct. Cytology shows that the regular activity of choler sis in the liver cells that relate to digestion and adsorption predominates during the daytime. Glycogen synthesis in the liver predominates at nighttime. Physicians found that regularity strictly controls the waxing and waning of vitality during daytime and at night. When vitality and physical state at best, the body actively consumes energy and at such it is best to fight against any diseases without the help from drug. It is best to take drug when the body's physiological activities are in a deteriorating state.

Ancient Chinese believed that the spring and summer are Yang during which living organism florists while autumn and winter are yin, during which pace of activities slow and hibernation begins. The Chinese lunar calendar with 24 solar terms in the Qin Dynasty, which shows that our ancestors had learned about the movements of sun and earth.

Lunar cycle also affects genital glands of animals. The moon is full during the middle of the lunar month, and at this time, the ovary and digestive glands of crabs become rich and plump and the clam grows quickly because of increased secretion.

Chinese Ancient Medicine-The Wisdom versus Knowledge

THE BEST TIME TO SLEEP

-RAT 11 PM-1 AM- GALLS AT WORK

Did you ever wonder why on normal circumstances you are very lethargic at 9-11pm and beyond 11pm you come awake again? Have you experience insomnia and found out that the time past 11pm? This critical period is where the first Yang energy emerges and this is where in the darkness period the concept of Yin and Yang prevails-when there is Yin (Dark), there is always Yang (the first Bright energy). Our gall is working at this juncture. In Chinese medicinal view; we do not treat an organ per se, but the functionality of the organs plus the components, i.e. the bloodstream and surrounding organs and body parts. We treat organ as Zang '臟' with the function to store and accumulate secretions that aid the organ to perform in an equilibrium state. We will treat this in three important levels. The first one is form '形', if some how the form is cut or damage, the totality of the organ is affected. The second level is energy '氣', is related to the movement of the blood stream from organ to organ. The last but important level is the spirit '神'; the spirit is the performances of the combination of form and energy at certain period. Gall is the function to keep the 'alertness' level in us. After you sneeze, or when you stretch, the gall is working to bring more oxygen to our body.

THE BEST TIME MUST SLEEP WITHOUT INTERRUPTION

-OX 1 AM TO 3AM-LIVER AT WORK

Liver energy tends to rise, over jealousy will cause us to feel dizzy. This is due to the up rise of the Yang energy from the Liver to our head without control. To understand this we must first understand the expansion and contracting theory. The up rise of energy is expanding and when reaches a stage of critical point it will contract in the form of 'receiving'. The function of 'receiving' is out of control; it causes us a headache and dizzy. Liver also serves as a function of eliminate waste or toxin in our body. A healthy liver is critical to determine the level of responsiveness and wittiness. It is therefore wise to sleep soundly from 1am to 3am.

HEART ATTACK HAPPEN THE MOST

-TIGER 3AM-5AM-LUNG AT WORK

This is a period where most of our body function starts from being static and slowly enters dynamic state. That's why most elderly start to wake up or cannot go to sleep at this period. This is where our production of blood and blood flow started to move at increasing speed-distributions of blood flows. This serve to remind us that elderly requires attentive care while waking up. The distribution of blood flows will need to be slow and steady especially for elderly of heart patient. Statistic shows that most heart attacks took place during 3am to 5am due to unevenly distribution of blood flows.

The Power of Feng Shui

THE BEST TIME TO HAVE BOWEL MOVEMENTS

-RABBIT 5AM TO 7AM-LARGE INTESTINE AT WORK

Our anus will start to open at this period and thus forcing us to have bowel movement. This is a natural phenomenon that when the sun will rise (Yang) our body will start to eliminate the toxin or waste in our body. In Chinese medicinal view, the function of organs is co-related. Our bowel moment is heavily dependent on our lung function. Our lung system provides a smooth environment for bowel movement and often constipation persist is due to malfunction of lung system.

THE BEST TIME TO HAVE BREAKFAST

-DRAGON 7AM-9AM-STOMACH AT WORK

The stomach system is one of the most important one. The flow of such system begins from our head down through our nose and diverges into 2 routes with one to face and the other to our head. It will go to our nipple via neck, that is where when women is having a period the nipple will feel he pain. The vein will run through our large intestine and go to our feet. It is very important that during this time, we must eat breakfast due to our digestive system perform most efficiently Pimples on our body especially on our face is caused by the imbalance of our stomach system.

THE BEST TIME TO GET WORKING

-SNAKE 9AM-11AM-SPLEEN AT WORK

This is the time for the oxygen distribution from the blood to out muscles or strong tissues of organs. Spleen acts as the 'transformer' after the stomach digested food and transform or diluted to energy into the blood and distribute to whole body via heart. To see our spleen work probably or not, we can observe two things; one is the firmness of our muscles and second is our lip that looks glossy. A glossy lip is a health lip that reflects the function of spleen. Salivating is the result of a weak spleen. A diabetic is also a result and a weak spleen.

THE NAPPING TIME

-HORSE 11AM-1PM- HEART AT WORK

A little nap here will help to ease the workload of the heart. Ancient people pay particular attention to the time of Rat (11pm-1am) and Horse (11am-1pm) because of two important organs at work here. This is the opposing time period that requires us to halt or nap a while to recuperate. It is believed that our heart and kidney will function to the fullest at this period. That is why we are quite a wake at this point. Heart is fire element in the rise while kidney is the water element that suppresses the strong fire. It is also best time to practice martial arts or Qigong at this time.

The Power of Feng Shui

THE BEST TIME FOR LUNCH

-GOAT 1 PM-3PM- SMALL INTESTINE AT WORK

The function of small intestine is to absorb the food after processed at spleen and transform and distribute to all organs. If our face is red and our chest is having difficulty to breath at this period, it is the heart that is having malfunction. Heart and small intestine work very closely. It is believed that a healthy lunch is required to satisfy not only our hunger but and our desire for taste. This is the time our taste function fully.

THE BEST TIME TO BUILD STRONG MEMORY

-MONKEY 3PM-5PM-BLADDER AT WORK

The Bladder system is directly to the brain via bloodstream. It is believed that in order to have a good memory, things that we learn in the morning should be re-study at this period to strengthen our memorizing ability. Bladder and kidney are inter-related organs. Both function determine the smooth urinate and bowel movement.

TO DETERMINE YOUT ALERNTENSS LEVEL

-ROOSTER 5PM-7PM-KIDNEY AT WORK

Kidney is the most important organ in accordance to ancient Chinese. Kidney determines the level of activities of a person due to its storages and transformer ability. The transformer function will provide catalyst to other organs' normal functionality. The storages ability determines the level of activities one can handle in a day.

THE BEST TIME TO RELAX

-DOG 7PM-9PM-HEART SYSTEM AT WORK

The whole heart system in accordance to Chinese medicinal view range from the surrounding bloodstream to three inches below armpit that run through the middle path of our hand down to middle finger. Should our middle finger fell numbness, a high possibility that our heart is having problem. The pressure point in front of our chest will determine the level of happiness or our emotions control center. This critical point is in the center of our chest in between nipples. To massage such point gentle will help to relieve our depression as well.

The Power of Feng Shui

THE BEST TIME TO HAVE SEX

-BOAR 9PM-11PM-SAN XIAO CHING AT WORK

This is the time for relaxation and enter sleepy mode, but before we sleep, this is also the best time for couples to make love. This is believed that the right time to for our body to enjoy the 'happiness' of making love since the previous hour of 7pm-9pm sets the tone for this event. San Xiao Ching is divided into three parts. The first part governs the heart and lung, middle part governs the spleen and stomach and the last part governs the liver and kidney. It is the whole system that includes tissue, tendons and the bloodstream surrounding them.

The Natural Way of Life

	South /Fire/Heart/ Summer/Growth	
East/Wood/Liver /Spring/Born	Center Earth/Spleen	West/Metal/Lung/Autumn (Fall)/Converge
	North/Water/Kidney/Winter/Recuperate	

Chinese always refer to things as 'East/West' (東西); the reason is simple because Wood and Metal represent solid base stuff while the North (Water) and South (Fire) both formless and normally ascribed with feelings and emotions.

東 (East) is two words combined into one, Sun (日) and Wood (木), this implying the beginning of life forces.

西 (West) is a word that ascribed a bird is coming to a rest on a form of daylight is approaching to an end. Sunset scenario.

The Chinese Medicinal View

South is heart and fire, North is Kidney and water, East is liver and wood, the west is lung and metal, while center represent Spleen and earth.

The heart is pumping blood via organs to our body, liver will determine our condition, while lung will help us to maintain the balance of postures.

The Earth

Earth or spleen is the function of maintenance from the beginning till the end of life force.

What to Eat according to Seasons

Spring (五穀爲養-5 Grain to ignite life force)

Since spring is the beginning of life force, ancient people believed that we should consume 5-grains (rice, millet, soybean, red beans, wheat products)

Summer (Thick soup)

Summer is said to bring out the heat from our body from internally to outer part that that left out inner organs hollow or in vain (or the Yang energies surface). Thick soups serve to protect and reproduce Yang energies internally)

Fall/Autumn (source or fermented food)

Ancient Chinese believed that all produces are ripped in fall, and by consuming sources like soy source, spicy source etc will add a flavor to help our digestive system.

Winter (spirit)

As winter arrives, the body Yang energies submerge inside our body, as we consume more foods with less activities, liquor or spirit will help the blow flow better, to keep our temperature at steady level.

Chopsticks

A pair of chopstick consists of Yin (Static) and Yang (movement). While we using the chopstick the part that is moving is consider Yang and the part that is static is Yin.

Round Dinning Table

Ancient Chinese believed that around table promote harmony and tactful environment. It is always believed that round table has no distinction of classes.

12 Concepts of Confucian Dining habits

1. Consume **refined**, tasty and delicacies foods, meats must be in tiny portions for easy digestion.
2. The **method of cooking** must be right, ancient Chinese only consume roast duck not roast chicken, it is believed that chicken itself contents fire nature and by roasting it will cause 'inappropriate' match.
3. Consume at the **right time**. It is encouraged to consume foods according to the foods or fruits seasons.
4. The **slicing method** also important. The inappropriate method of slicing foods is dependent of the cook or chef, if the method is used incorrectly, that proved that the chef does not know how to cook the food and the end result would not be good.
5. The **right source** with the right food. Beside the right season, the right source to accompany the right food is critical. This is to emphasis the right combination while cooking.
6. Do not consume the rotten food. Food that is outdated, **contaminated** will normally cause a bad smell; it is common not to consume food like this.
7. The portion of meat cannot over take the portion of 5 grain. Grain type food like bread, rice is the staple food and meats are normally served as a side to help promote the building of blood and cells. However, the **portion of meat must be less than the portion of staple food**.
8. Liquor must be consumed at the **right portion**. Excessive drinking will cause harm to our body.
9. Do not consume drinks and foods from the markets. It is believed that market place provides unreal or inauthentic food or drinks that **unscrupulous traders** sell. *not applicable to modern world
10. **Consume ginger** to reinforce your Yang energies and consume radish to aid digestive system.
11. **Consume the right amount**
12. **Stop talking while dining**

The Power of Feng Shui

5-Taste/Elements	Organs	Functions	Foods
Hot/Metal	Lung	Blood flow, increase and improve metabolism rate, release heat	Pepper, chilli, ginger, white liquor, scallion stalk, perilla, Chinese cinnamon, medicinal wine
Salty/ Water	Kidney	Decrease flam, improve the function of kidney, eliminate swell ness, eliminate excess storage, smooth stomach, and eliminate constipation	Kelp, laver, sea cucumber, jellyfish, crabmeat, clam, whorl, salt, soy source, duck meat, pork, barley,
Bitter/Fire	Heart	Reduce heat, improve function of spleen and stomach, dryness, reduce diarrhoea	Balsam pear, lactuca chinensis, lily, ginkgo, tea, light carcinogen
Sweet/ Earth	Spleen	Reduce stress and tension, improve blood flow, increase lung capacity	Asian Grass, sugar, watermelon, apple, papaya, tree fungus, meat, fish, sponge cucumber, pumpkin, Chinese cabbage, celery, eggplant, spinach
Sour/Wood	Liver	Improve diet, reduce perspiration, improve digestive system	Lemon, mango, laichee, olive, plum, peach, pomelo, oranges, hawthorn

Five-elements	Normal case	Minor case	Serious case	Terminal case
Fire destruct Metal	Cold/Breathing congestion	Pneumonia/stuffy nose	Asthmatic/rachitic	Lung cancer/pulmonary tuberculosis/phthisis
Earth destruct Water	Back pain	Gynecopathy-irregular period for female	Metritis/hysteritis/metal illness	Womb cancer/tumor/psychopath episode
Metal destruct	Sleepy/lethargic	Insomnia/serious headache	Jaundice/icterus/gallstone	Liver cancer
Water destruct Fire	Eyes diseases	Heart diseases/meningitis	Serious anemia/polio/brain fever	Stroke, heart attract
Wood destruct Earth	Stomach pain/gastric	Enteritis/enterovirus	Gastric ulcer	Stomach cancer

by Kerby Kuek

Auspicious Day selection made easy

“日值四絕事不宜” Four Pivotal Days Aren't so Auspicious

The day before the official day of a seasonal change is not so auspicious after all due to the energies exchanging taking place. These energies are none other than the Yin and Yang and 5-elements (Wood, Fire, Earth, Metal and Water). The interaction of such elements causes uncertainties of natural flow and on normal cause it is bad. In simpler term it is a cosmic reaction that resulted in disruption of natural flow of energy. As such your behavioral patterns are affected by it. Avoid making critical decisions on these dates.

1. End of winter normally falls on 3rd or 4th of February.
2. End of spring normally falls on 5th or 6th of May.
3. End of summer normally falls on 7th or 8th of August
4. End of autumn/fall normally falls on 7th or 8th of November

Also note that a day before the mid-point of the season is not particular good for the same reason as well but not as bad as the section pivotal point.

1. Mid point of winter normally falls on 21st or 22nd of December
2. Mid point of spring normally falls on 20th or 21st of March
3. Mid point of summer normally falls on 20th or 21st of June
4. Mid point of autumn/fall normally falls on 22nd or 23rd of September

See for yourself the actual days that you should avoid making important decisions in life.

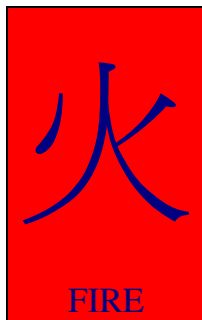
Seasons/Year	2008	2009	2010	2011	2012	2013	2014
Mid-winter	Dec 22 nd	Dec 22 nd	Dec 22 nd	Dec 22 nd	Dec 21 st	Dec 22 nd	Dec 22 nd
Winter-end	Feb 3 rd	Feb 3 rd	Feb 3 rd	Feb 4 th	Feb 3 rd	Feb 3 rd	Feb 3 rd
Mid-spring	Mar 20 th	Mar 20 th	Mar 21 st	Mar 21 st	Mar 20 th	Mar 20 th	Mar 21 st
Spring-end	May 4 th	May 4 th	May 4 th	May 5 th	May 4 th	May 4 th	May 4 th
Mid-summer	June 21 st	June 21 st	June 21 st	June 22 nd	June 21 st	June 21 st	June 21 st
Summer-end	Aug 6 th	Aug 6 th	Aug 6 th	Aug 5 th	Aug 6 th	Aug 6 th	Aug 6 th
Mid-Fall	Sept 22 nd	Sept 23 rd	Sept 23 rd	Sept 23 rd	Sept 22 nd	Sept 23 rd	Sept 23 rd
Fall-end	Nov. 6 th	Nov 6 th	Nov 6 th	Nov 7 th	Nov 6 th	Nov 6 th	Nov 6 th

The Importance of Yin and Yang



Yin and Yang is the basis for everything and it is the foundation of Chinese metaphysics. The Eternal (Wu Chi) transformed to Yin and Yang (Tai Chi) and from Yin and Yang evolved to Four-phenomena, which include four seasons (spring, summer, fall and winter) or four directions (north, east, south and west), it continued to form Eight Diagrams or Pa Kua. I-Ching, the book of changes, described lengthy the Pa Kua symbol and its meaning.

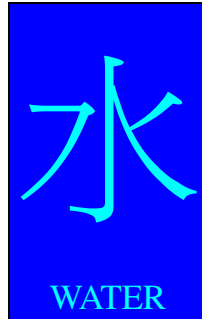
.The system of Five-Element- The movement of 5 elements in association with 12 Earthly branches 五行體別. ◦



Fire, Suffers at Boar, Fetuses at Rat, Recuperates at Ox, Reborn at Tiger, Baths at Rabbit, Upbringing at Dragon, Commands at Snake, Flourishes at Horse, Retreats at Goat, Sick at Monkey, Dies at Rooster, Bury at Dog.

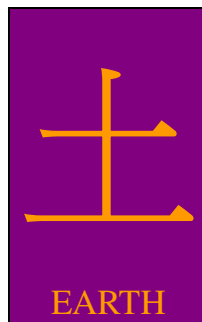
(火，受氣於亥，胎於子，養於丑，生於寅，沐浴於卯，冠帶於辰，臨官於巳，旺於午，衰於未，病於申，死於酉，葬於戌。)

The Power of Feng Shui



Water, Suffers at Snake, Fetuses at Horse, Recuperates at Goat, Reborn at Monkey, Baths at Rooster, Upbringing at Dog, Commands at Boar, Flourishes at Rat, Retreats at Ox, Sick at Tiger, Dies at Tiger, Bury at Dragon.

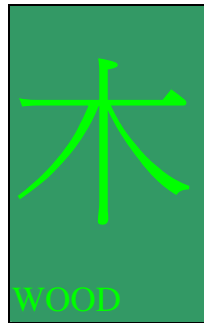
(水，受氣於巳，胎於午，養於未，生於申，沐浴於酉，冠帶於戌，臨官於亥，旺於子，衰於丑，病於寅，死於卯，葬於辰。)



Earth, Suffers at Boar, Fetuses at Rat, Recuperates at Ox, Reborn at Rabbit, Baths at Dragon, Upbringing at Snake, Commands at Horse, Flourishes at Goat, Retreats at Monkey Sick at Monkey, Dies at Rooster, Bury at Dog.

(土，受氣於亥，胎於子，養於丑，寄行於寅，生於卯，沐浴於辰，冠帶於巳，臨官於午，旺於未，衰病於申，死於酉，葬於戌，戌是火墓，火是其母，母子不同葬，進行於丑，丑是金墓，金是其子，義又不合，欲還於未，未是木墓，木為土鬼，畏不敢入，進休就辰，辰是水墓，水為其妻，於義為合，遂葬於辰。)

The Power of Feng Shui



Wood, Suffers at Monkey, Fetuses at Rooster, Recuperates at Dog, Reborn at Boar, Baths at Rat, Upbringing at Ox, Commands at Tiger, Flourishes at Rabbit, Retreats at Dragon, Sick at Snake, Dies at Horse, Bury at Goat.

(木，受氣於申，胎於酉，養於戌，生於亥，沐浴於子，冠帶於丑，臨官於寅，旺於卯，衰於辰，病於巳，死於午，葬於未。)



Metal, Suffers at Tiger, Fetuses at Rabbit, Recuperates at Dragon, Reborn at Snake, Baths at Horse, Upbringing at Goat, Commands at Monkey, Flourishes at Rooster, Retreats at Dog, Sick at Boar, Dies at Rat, Bury at Ox.

(金，受氣於寅，胎於卯，養於辰，生於巳，沐浴於午，冠帶於未，臨官於申，旺於酉，衰於戌，病於亥，死於子，葬於丑。)

The Power of Feng Shui

FENG SHUI HISTORY-EARLY DAYS BAGUA

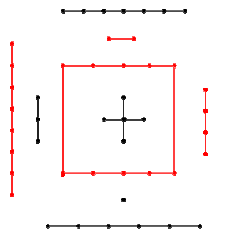
Her To Diagram (河圖)

History of Her To Diagram

According to ancient Chinese legends, Emperor Fu Shi spotted an unusual animal (see below) emerged from the River Huang and discovered the following circular dots from its body.



(Unusual Animal spotted by Emperor Fu Shi)



河圖一六居北，二七居南，三八居左，四九居右，五十居中者河圖也

This formation is the root and basis of Ba Gua (Pa Kua) and later the I-Ching, *Book of Changes* is based on Ba Gua concept.



(Ancient text on Evolution of Early Days Ba Gua Based on Her To)

1	6	7	2	8	3	4	9
Kwan 坤	Kan 艮	Ham 坎	Shun 巽	Chan 震	Lei 離	Tui 兌	Kin 乾
太陰 (Yin/Yang)		少陽 (Yang/Yin)		少陰 (Yin/Yang)		太陽 (Yang/Yin)	
陰儀(Yin)				陽儀 (Yang)			

Evolution of Early Days Ba Gua from Her To

by Kerby Kuek

The Power of Feng Shui

Shun 巽八	Lei 離二七	Kwan 坤十
Chan 震三	central	Tui 兌四
Kan 艮五	Ham 坎一六	Kin 乾九

(河圖配後天八卦)

Her To incorporate into Later Days Ba Gua

Kamma

The word Kamma has the meaning of 'doing' action. Doing good is 'Kusula Kamma', doing evil is 'Akusala Kamma', and doing neutral actions is 'Avyakata Kamma'-neither of merit nor demerit. The person who does these forms of Kamma is the owner of his Kamma and it is he who responsible for his own good or evil. Each of us should realize that we are the owner of our own Kamma, which we have done in absolutely every case.

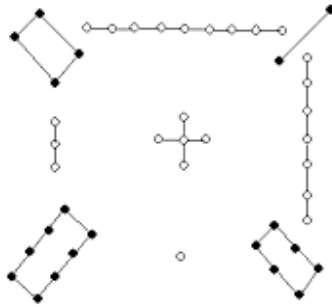
As for a person who is intelligent, clever and wealthy, who has never had much illness, who has physical wellbeing and an easy heart, who when he thinks of anything that he wants it comes to him as though the gods sent it, and wherever he goes people look after him with care and respect and venerate him and plenty of wealth. However, in the same way he cannot let anyone else be the recipient of his burden of good fortune, for each of us is bound to be responsible for the results of his own good Kamma. This is the way of Kamma, and the owner of good Kamma is the 'heart that knows'-Forest Dhamma

FENG SHUI HISTORY-LATER DAYS BAGUA

Lok Shu Diagram 洛書

History of Lok Shu

According to ancient Chinese legends, this formation of magic square has been around for nearly 4,000 years. This pattern of numbers appeared on a gigantic turtle shell in the River Lok (Lok Shu) and was discovered by Emperor Yu. The Emperor Yu then discovered the fascination pattern formation based on the circular dots of numbers that were arranged in a three by three nine-grid pattern. The total in any direction will add up to 15. The I-Ching, *Book of Changes*, Flying Star Theory and Chinese astrology are all based on this Lok Shu magic square.



(洛書 -載九履一，左三右七，二四爲肩，六八爲足者，洛書也)

The Circular Dots appeared on Gigantic Turtle Shell.

(Ancient text on Evolution of Later Days Ba Gua incorporate in to Lok Shu Diagram)



The Power of Feng Shui

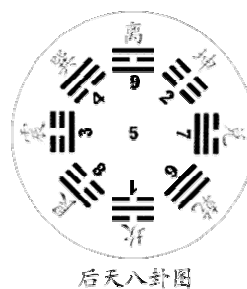


(The Evolution of Later days Ba Gua 1)

Tui 4 兌四	Kin 9 乾九	Shun 2 巽二
Lei 3 離三	Central 5 中五	Ham 7 坎七
Chan 8 震八	Kwan 1 坤一	Kan 6 艮六

(The Final Version of current 'Later Days' Ba Gua 2)-洛書配後天八卦

Shun 4 巽四	Lei 9 離九	Kwan 2 坤二
Chan 3 震三	Central 5 中五	Tui 7 兌七
Kan 8 艮八	Ham 1 坎一	Kin 6 乾六



The Power of Feng Shui

Numbers and Their Significances

The numbers in each square of the Lok Shu and what they represent.

Lok Shu Numbers	Location	Color	Element
1	North	White	Water
2	Southwest	Black	Earth
3	East	Jade Green	Wood
4	Southeast	Navy Green	Wood
5	Central	Yellow	Earth
6	Northwest	White	Metal
7	West	Red	Metal
8	Northeast	White	Earth
9	South	Purple	Fire

Obstructing Tai Sui (Grand Duke Jupiter)-犯太歲,太歲頭勿動土

Tai Sui literally means that such star is fully in charge or in command for that particular year. This is heavily associated with the year Heavenly Stem(天干) and Earthly Branch(地支). The Heavenly Stem represents the 'heavenly energies' and thus the skies'energy; In Scientific terms, this is the magnetic field and radiation emission. While the Earthly Branch represents the earth's energies with directions. With the different combination of Heavenly Stems and Earthly Branches each year, such chemical reaction resulted in different directions energies, some are kind, and some are unkind. 2007 丁亥 (Ting/Boar) for example, the North direction/sector is with a candle light fire element. Imagine that Boar is heavy in water with the light fire energies interactions? What would the chemical reaction like? You tell me. Stock market crashing! Bankruptcy surging! Volatility! Volatility and volatility!

Tai Sui sector should be let quiet. Construction, demolition or any movement in such sector is said to obstruct the natural flow of energies. That is why there is the saying in Chinese, 'never obstruct the Tai Sui, and let the Tai Sui alone' 犯太歲,太歲頭上勿動土.

by Kerby Kuek

The Eastern Science-The Flying Star Theory (Time Aspect of Feng Shui)

As mentioned previously Feng Shui will consider not only space but 'Time' as well. The Time aspect is important and that dated back some 5,000 years ago. The time aspect is explained as below.

The ancient calendar dated way back in ancient kingdom and to be precious 4825 years ago (this modern year equivalent to today 2008) and we start by examine the 3 cycles and 9 periods and Magic Square.

Time dimension is crucial, ancient Chinese came out with this method of plotting time into periods and cycles of 180 years. These cycles will repeat again after 180 years. See below.

3 Cycles 9 Periods 三元九運

Cycle	Period	Year	Total
Upper	1st	1864 - 1883	20 years
	2nd	1884 - 1903	20 years
	3rd	1904 - 1923	20 years
Middle	4th	1924 - 1943	20 years
	5th	1944 - 1963	20 years
	6th	1964 - 1983	20 years
Lower	7th	1984 - 2003	20 years
	8th	2004 - 2023	20 years
	9th	2024 - 2043	20 years
TOTAL	180 years		

Periods in summary for easy reference.

Year Range	Period Number
1904 to 1923	3
1924 to 1943	4
1944 to 1963	5
1964 to 1983	6
1984 to 2003	7
2004 to 2023	8

The Power of Feng Shui

Original Magic Square (Lok Shu)

{ 1 at bottom, 9 on top, left middle 3, right middle 7, 2 & 4 are right and left shoulders respectively, and 6 & 8 are right and left feet respectively }

4	9	2
3	5	7
8	1	6

Flying Star Number (Name in Chinese)	Significance or Meaning
1. White	Belongs to water element, an auspicious star that brings more friendships (Romance)
2. Black	Belongs to earth element, inauspicious illness star that everyone tries to avoid (Poor Health & Illness)
3 Green Jade	Belongs to wood element, inauspicious star that causes quarrels and tension (Disputes & Conflicts)
4 Navy Green	Belongs to wood element, auspicious star good for academic reasons (Studies or Academics)
5. Yellow	Belongs to earth element, inauspicious disease star (Misfortune & Sickness)
6. White	Belongs to metal element, auspicious power star (Power, Respect & Fame)
7. Red	Belongs to metal element, inauspicious star (Robberies)
8. White-	Belongs to earth element, auspicious star (Prosperity)
9. Purple	Belongs to fire, auspicious star (Promotion, Advancement & Celebration)

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More on Flying Stars

The Flying Star theory is based on the Ba Gua foundations and Lok Shu's logic. It is a predictive tool to harness the good energies and evading the bad ones. Time aspect is crucial and based on a 180 years timetable with every twenty year as one cycle. Based on Yin or Yang nature of such stars, it will then rotate forward or reverse in certain pattern. Certain commanding stars will dictate the current energies level.

The main direction of a house setting with good mountain and water stars is the most auspicious house. This orientation is good for health and wealth. However, if mismatches were found then wealth and health will be affected in negative ways.

**Flying Star Application: Create (生), Drain (洩)Destruct(克),
Control,(制),Transform(化)**

STARS	CREATE	DRAIN	DESTRUCT	CONTROL BY	TRASFORM
1 White Water	3 Green Wood, 4 Green Wood	6 White Metal, 7 Red Meta	9 Purple Fire	2 Black Earth, 5 Yellow Earth, 8 White Earth	1 White Water combined with 6 White Metal transform into WATER
2 Black Earth	6 White Metal, 7 Red Metal	9 Purple Fire	1 White Water	3 Green Wood, 4 Green Wood	2 Black Earth combined with 7 Red Metal transform into FIRE
3 Green Wood	9 Purple Fire	1 White Water	2 Black Earth, 5 Yellow Earth, 8 White Earth	6 White Metal, 7 Red Metal	3 Green Wood combined with 8 White Earth transform into WOOD
4 Green Wood	9 Purple Fire	1 White Water	2 Black Earth, 5 Yellow Earth, 8 White Earth	6 White Metal, 7 Red Metal	4 Green Wood combined with 9 Purple Fire transform into METAL
5 Yellow Earth	6 White Metal, 7 Red Metal	9 Purple Fire	1 White Water	3 Green Wood, 4 Green Wood	NA
6 White Metal	1 White Water	2 Black Earth, 5 Yellow Earth, 8 White Earth	3 Green Wood, 4 Green Wood	9 Purple Fire	Refer 1 White Water
7 Red Metal	1 White Water	2 Black Earth, 5 Yellow Earth, 8 White Earth	3 Green Wood, 4 Green Wood	9 Purple Fire	Refer 2 Black Earth
8 White Earth	6 White Metal, 7 Red Metal	9 Purple Fire	1 White Water	3 Green Wood, 4 Green Wood	Refer 3 Green Wood
9 Purple Fire	2 Black Earth, 5 Yellow Earth, 8 White Earth	3 Green Wood, 4 Green Wood	6 White Metal, 7 Red Metal	1 White Water	Refer 4 Green Wood

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Summary:

1. 1 White Water will create Wood 3 and Wood 4. 1 White and 4 Green Wood combined without any destruction and drainage, will result in academic excellent. 1 White Water meets with 9 Purple Fire to create a 'perfect 10' effect that is good for married couples. Avoid seeing 2 Black Earth and 5 Yellow Earth. The existence of 8 White Earth will require the presence of 6 White Metal as 'Bridging Effect'.
2. 2 Black Earth is an illness star. If combined with 5 Yellow Sick Earth star is the worst combination of all. Meets with Green Wood 3 and Green Wood 4 resulted in sudden illness, stroke or accidents.
3. 3 Green Wood represents eldest Son, if couples Ba Zi favorable elements including Wood then the first born child is incline to have a boy. 3 Green Wood meets with Metal 7 to create a 'perfect 10', but this 'perfect 10' might not be good combination other than in Period 7. This combination might result in robbery and legal related issues.
4. 4 Green Wood represents eldest daughter or female and 1 White represents middle son or male, this combination will either result in lusty occasion if the 4 Wood energies are stronger than 1 White energies.
5. 5 Yellow Earth is the major sickness star. It requires 6 Metal to drain its sickness energies, however 7 metal will lead to legal related issues. Beware! 5 meets 9 and 7 will result poisonous related problems. 5 meets 4 and 7 will result family member to commit suicide.
6. Remedy to drain 5-sickness star is 6 Metal energies. 6 Metal meets with 7 Metal create excessive energies that might in 'fighting' scene or bloodshed.
7. 7 Metal represents 'arguments' and younger lady. Obviously it is not a good star other than in Period 7
8. 8 White Earth is the best of all. Avoid seeing Wood 4 as 8 White represents younger male and 4 Wood represent eldest female. This combination will result in abnormal sex affair. A star of celebration. Meets with 8 White Earth might conceive a boy. Meets with 7 Metal might result to Fire accidents.

The EARLY DAYS BAGUA MAGIC NUMBERS

94 Kin/Tui

-Creation Magic Number

-Metal Creation Magic Number

16 Kwan/Kan

-Creation Magic Number

-Water Creation Magic Number

Yin/Yang 陽陰/Couple Magic Number 夫婦數

9(Kin) 1(Kwan) combined 10

4(Tui) 6(Kan) combined 10

27 Shun/Ham

-Creation Magic Number

-Fire Creation Magic number

38 Lei/Chan

-Creation Magic Number

-Wood Creation Number

Yin/Yang 陽陰/Couple Magic Number 夫婦數

2(Shun) 8 (Chan) combined 10

3(Lei) 7 (Ham) combined 10

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Feng Shui Life Chart for both male and Female:

Birth Year	M	F	Birth Year	M	F	Birth Year	M	F	Birth Year	M	F
1931 辛未	6	9	1951 辛卯	4	2	1971 辛亥	2	4	1991 辛未	9	6
1932 壬申	2	1	1952 壬辰	3	3	1972 壬子	1	8	1992 壬申	8	7
1933 癸酉	4	2	1953 癸巳	2	4	1973 癸丑	9	6	1993 癸酉	7	8
1934 甲戌	3	3	1954 甲午	1	8	1974 甲寅	8	7	1994 甲戌	6	9
1935 乙亥	2	4	1955 乙未	9	6	1975 乙卯	7	8	1995 乙亥	2	1
1936 丙子	1	8	1956 丙申	8	7	1976 丙辰	6	9	1996 丙子	4	2
1937 丁丑	9	6	1957 丁酉	7	8	1977 丁巳	2	1	1997 丁丑	3	3
1938 戊寅	8	7	1958 戊戌	6	9	1978 戊午	4	2	1998 戊寅	2	4
1939 己卯	7	8	1959 己亥	2	1	1979 己未	3	3	1999 己卯	1	5
1940 庚辰	6	9	1960 庚子	4	2	1980 庚申	2	4	2000 庚辰	9	6
1941 辛巳	2	1	1961 辛丑	3	3	1981 辛酉	1	8	2001 辛巳	8	7
1942 壬午	4	2	1962 壬寅	2	4	1982 壬戌	9	6	2002 壬午	7	8
1943 癸未	3	3	1963 癸卯	1	8	1983 癸亥	8	7	2003 癸未	6	9
1944 甲申	2	4	1964 甲辰	9	6	1984 甲子	7	8	2004 甲申	2	1
1945 乙酉	1	8	1965 乙巳	8	7	1985 乙丑	6	9	2005 乙酉	4	2
1946 丙戌	9	6	1966 丙午	7	8	1986 丙寅	2	1	2006 丙戌	3	3
1947 丁亥	8	7	1967 丁未	6	9	1987 丁卯	4	2	2007 丁亥	2	4
1948 戊子	7	8	1968 戊申	2	1	1988 戊辰	3	3	2008 戊子	1	8
1949 己丑	6	9	1969 己酉	4	2	1989 己巳	2	4	2009 己丑	9	6
1950 庚寅	2	1	1970 庚戌	3	3	1990 庚午	1	8	2010 庚寅	8	7

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ANIMALS AND SYMBOLIC in Feng Shui View

Elephant: Strength and wealth

The trunk of an elephant drawing water into its mouth is a significant wealth and fortune magnet. It does not matter whether the elephant trunk is pointing upward or downward, it still draws in wealth. From 2004 to 2023, the Southwest sector is said to have auspicious water energies, therefore the elephant should be placed facing this direction to absorb the auspicious energies into the house.

Take a minute to find out when the 'Discovery Channel' next features an elephant, mark it down, and make sure you watch it.

Fish: Abundance and success

Fish are associated with abundance and the pronunciation of the word 'fish', in both Mandarin and Cantonese, is synonymous with extra or abundance; therefore many Chinese people like to keep fish as pets in their homes. In the Feng Shui perspective, since fish cannot live without water and are constantly in motion, a fish tank and water can be used to act like a water fountain to produce the so-called 'water-star effect'. This powerful water-with-fish element should be located in any one of three sectors: The first choice is near your front door, while the second choice is in the water-sector star location (refer to my first book's summary of Period 8 house setting), and the third would be in the Southwest sector of your house in Period 8.

Take a minute to digest the above or simply remember the three sectors that are ideal for placement of fish.

Horse (Pegasus): Endurance and sustainability

A horse, or Pegasus (horse with wings), is a sign of endurance of wealth or sustainability. Horse is Fire in accordance with the 5-Element theory, so if your favorable element is Fire, you should place this animal in the South corner of your house to ignite or further strengthen the Fire element. If you do not favor Fire, you should let this animal face the road or a source of water, be it a cup or fish tank.

Take a minute to recall if any of your friends' homes have a horse or Pegasus and then call to let them know where to put it precisely. It is a good conversation starter, right?

Lion: Strength and majesty

This beast is widely used for bringing safety to major premises in China and Hong Kong. They are always used in pairs on each side of the house or on each side of a doorway. Lions are not suitable for interiors as they might cause harm to family members. Lions are used to block off conflicts as well as provide balance for too strong of Yin energies. They also help reduce the effects of sharp corners, sharp objects, construction sites, and abandoned sites or buildings. Lions also help to fence off the 'T' junction, cross roads and other unkind energy generators.

Take a minute to recall some of the documentary films about China or Chinese culture, and you bound to see lions outside the front doors of the ancient Chinese. The rational behind it was to chase off wild animals and keep them from entering the house in the ancient days.

Phoenix: Gracefulness and wisdom

The red bird of ancient China evolved into a phoenix in Chinese customs and it has now become a lucky creature that is always paired up with a dragon. The phoenix is more feminine and gentle

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while the dragon is more masculine and courageous. The phoenix has become a symbol of prestige and nobility, and is also the symbol of the empress (while dragon is the emperor).

Take a minute to appreciate this beautiful creature with nice and colorful feathers.

Tiger: Strength and bravery

Tiger is Wood in accordance with the 5-Elements theory, so if your favorable element is Wood you should place such an animal (statue or picture, of course), in the east sector to strengthen the Wood energies. Tigers also represent courage and bravery.

Take a minute to ponder why Chinese seldom place emphasis on tigers. It is due to the same reason as the lion: Chinese seldom place tigers at home. For a second reason please read the next (44th) minute.

White tiger (Evil)

For the ancient Chinese, the left side is referred to as Green Dragon while the right is White Tiger. Even now, people still believe the left side of the house is more auspicious than the right. The white tiger is a cruel animal and it is believed that bad people will reincarnate and turn into white tigers. White tigers represent all the inauspicious and evil things. Even though white tigers serve to fence off conflicting energies, it is not advisable to place such figurines inside your house.

Take a minute to digest this.

Unicorn: Power and luck

Unicorns are a symbol of power and luck. Besides bringing safety to the house and fencing off unwarranted energies, unicorn is placed inside the house to bring in more kind energies. This creature can solve the unwarranted energies resulting from the external environment, as mentioned in the previous chapter.

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The Secret Code that offends Tai Sui (Chinese Zodiacs)

If you are a Boar, Snake, Monkey or Tiger; in one-way or another you are offending the 2007 Tai Sui. Such rational is easy to understand if you imagine all four zodiacs are colliding with each other and the degree of impacts is differing from one to another. Statistically shows that such zodiacs experienced changes in life more than the other Zodiacs did. Careers, residential as well as relationship changes are common. Let me know if your part of the statistics at the end of the year!

Chinese Calligraphy Pens/Wood Pencils

Chinese Calligraphy pens can only ignite 'Man Cheong' or 'Creativity' energies not 'wealth' or 'health' energies. Therefore, if you want your children or anyone that is still studying to increase their attention span, creativeness, as well as improve grades, place 4-Chinese Calligraphy pens in the Man Cheong sector of your house. If you cannot get Chinese Calligraphy pens, regular wood pencils will do the job. Flying star sectors such as 116,146,166,117,147,167 in your house or alternatively yearly flying stars sector as below.

Man Cheong/Creativity Sectors

2007-West

2008-Northeast

2009-South

2010-North

2011-Southwest

Fish Tank

Fish tanks come with different shapes and sizes. An ideal size is around two feet's tall and wide. It is recommended that a round shape is preferred as oppose to square type. The reason being a square type normally will have sharp edges that might cause disruption of natural flow of internal house energies. Too big and too small is not advisable. Fish tank with fish of-course will serve to ignite the 'wealth energies in your house. Area with 8,9 and 1 stars (from 2004-2023) are recommended to place your fish tank. If you do not know where these stars are, alternatively you can place your fish tank as below:

1. Nearby your main door inside the house
2. Southwest sector of your house (with the condition not to face your kitchen)
3. Yearly wealth sector:
 - 2007-Southwest
 - 2008-East
 - 2009-Southeast
 - 2010-Central
 - 2011-Northwest

Wealth areas (Sectors)

— In Feng shui, we have to define three wealth areas specifically dealt with to harness the best possible kind energies that will induce wealth into our lives and therefore improve the quality of our living.

1. The first Wealth area in our house is **diagonally facing our main entrance** door. This wealth area contributes the least among the three and if I were to quantify it, it contributes around 10% and the least impact to our wealth.

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2. The second wealth area in our house has to do with **yearly flying star**. For instant 2006 wealth sector is in the north sector and in 2007 will be in Southwest sector. This contributes at least 25% among the three-wealth sector.
3. The most important one is the house wealth area that dictated by **Flying star theory**. Refer my book or website for more details information.

In wealth area- ***motions, motions and motions!*** Moving things are required to ignite the kind energies! Moving things such as clock, fan, bell, water fountain, as well as big leaf plants are said to serve this purpose.

Yearly wealth sector:

2007- Southwest

2008-East

2009-Southeast

2010- Central

Where should my room be?

The ancient Chinese firmly believed that the earth energy could make or break a kingdom. If the capital was built on land with kind or nourishing energy, the kingdom would prosper and like wise the kingdom would fall if it was built on land carrying unkind or malevolent energy. Chinese long believed that things have its own place and location.

The ancient Chinese were using the Pa Kua (Chinese 8 trig ram) and theory of change (I-Ching-易經) to generate the flow of nourishing and kind energies inside a house, a city or a palace and thus bring harmony, fame and wealth to them. Traditional sectors for family members-referring Pa Kua (Chinese 8 trig ram) as follow:

1. Father-Northwest
2. Mother-Southwest
3. Eldest son-East
4. Second son-North
5. Youngest son-Northeast
6. Eldest daughter-Southeast
7. Second daughter-South
8. Youngest daughter-West

In ancient Chinese world, the rich can afford a much bigger house and such setting is possible and indeed quite common. Ideally, you should build your house in such setting but practicality is next to impossible in modern days. On the other hand two sectors that cannot be lacking are the Northwest and Southwest sectors of your house. These serves as back bone of a house in Feng Shui point of view since they both represent father and mother of the house. So, if you cannot follow the above setting, you can have your bed orientation according to your element in favor. Your bedroom headboard should be place as such according to your month of birth.

Hope things work well for you! Happy Feng Shuing!

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Do you have the right main entrance/Door?

The most important part of a shelter is definitely the door. As the energy (good or bad) together with human's energy (good or bad) will enter the house via main entrance. As such your main door should:

1. To narrow or too large of a door will affect the natural flow of energy
2. Should have a clear hallway for sustaining the kind energies
3. Stairway should not be too close to the door-leakages of kind energies through main door
4. The distance of Kitchen or stove should not face the main door directly and this is to avoid the exhaustion of kind energies that enter the door.
5. Should have a light near the door not only for the safety reason but serve as a 'guidance' of angel to your house.

P/S The notion of too narrow or too wide is a judgments call and based on logic and common sense and like always there is no right or wrong answer only accurate outcome.

What's wrong with my body?

The House/Apartment represents your body parts

It is common for ancient Chinese to associate your shelter to your body parts and when certain parts of your house went wrong so did your body organs. Let see the following what a normal shelter's represent:

1. The living room is your Heart
2. The toilet is your kidney
3. The kitchen is your liver
4. The bedroom is your head
5. The runway in the center of your house is your lung
6. The dining room is your spleen
7. The door is your mouth and teeth
8. Others

Mind you that different setting of shelters will result differently but normal rule of thumb is that you can draw a sketch of person into your house and see the exact parts where they represent. So next time when certain part of your house has problem, check out your associated body part!

Did your House Leak lately?

Certain common Feng Shui problem caused leakages of wealth, and the leakages of pipes, washing closets and bathrooms to name a few.

Such signs surely imply that your wealth is affected but for some instances it only represent that you have spent money that is irregular of your budget like buying a sofa, TV set and so on. Anywhere, fix it quickly whenever there is a 'leak' in your house, no harm done right!

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Feng Shui and Chinese Names

There is a saying in Chinese, 'Never mind being born poor but never get a poor name'. Generally, the Chinese believe that a person's fate is pre-determined by his or her birth data, but the name also serves as an important tool to positively influence a person's journey of life. The importance of a name goes without saying; it is with you and defines you forever. This identity can bring out the best and worst in a person.

The whole world can be divided into two groups; the visible and the invisible. The visible embraces solids, liquids and gases, which consist of atoms and molecules. The invisible consists of forces and energies, such as heat, light, electricity and sound, energy forces that can be transmitted through and have an affect on the visible world. For instance, a sound is produced by our vocal cords. Energy forces can be transmitted through another important invisible medium. In the galaxies, there is a great surplus of positive (plus) and negative (minus) units of energy, which have not combined to form atoms. These energies permeate through and around all that are visible and they form an invisible medium. Many other forces can be transmitted through the invisible energy network. Some are very subtle as in mental telepathy. This explains why a name is so important to a person, as energies (the invisible) affect our mind as well as body (the visible).

There are essentially seven elements to consider before a name is given. The meaning assigned to a name is contained in the root and foundation of the name. The sound and shape of a name will project its appearance. The crux of it - the number of strokes a name has - accounts for more than fifty percent of the name's meaning. The Yin and Yang and five elements of a name affect one's health, transforming it into vibrating energy and frequencies that affect one's mind and body. The '81 Lin Tong Strokes' is the basic essential name analysis technique derived from the I-Ching.

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LOVE & WEALTH CORNERS

FIND OUT YOUR WEALTH CORNER OF YOUR HOUSE

Main Door Faces	Wealth Locations
------------------------	-------------------------

South	East
Southeast	Northeast
East	Southwest
Northeast	West
North	Southeast
Northwest	South
West	North
Southwest	Northwest

WHAT DO YOU DO WITH THIS INFORMATION? Ideally you should sleep, sit or dine in your wealth sector (that generate kind energies) or you could ignite such energies by placing moving items i.e. clock, fan, water fountains and big leaf plant.

FIND OUT YOUR RELATIONSHIP SECTOR IN YOUR HOUSE

Main Door Faces	Relationship Locations
------------------------	-------------------------------

South	Northwest
Southeast	North
East	Southeast
Northeast	South
North	Southwest
Northwest	West
West	Northeast
Southwest	East

WHAT DO YOU DO WITH THIS INFORMATION? Ideally, your bedroom should be located in this sector (that generates kind energies) or you could ignite such energies by placing red, pink or purple items in this sector. You could also ignite such energies by placing nine red roses (without stems) on a bowl of water

General Rules to Select a Home Site

According to Flying Star theory, the numbers 1, 6, 8 and 9 are auspicious stars, while the inauspicious stars are 7, 6 and 5. 8 also represent Kan Kua, the Northeast direction, as well as the wet Earth element. This represents youthful males and signifies that during this 20-year period more males will be born than females. Kan Kua also represents stability, and as we enter Period 8 there will be less war and more freedom, proper law and order in place. Within Period 8 or Kan Kua, the hidden attribute is Wood, this signifying more green or more forest or nature that will be protected by law. Property, mining, medical issues, martial arts, meditation and Chinese metaphysic will be getting more interest in the western communities.

For easy reference, without the help of a Feng Shui consultant, you can select your home or business premises based on the three simple criteria below.

General rule of thumb

Since 2004, the beginning of Period 8, the general rule of thumb to determine an auspicious site is described as follows:

1. Front door facing Southeast
2. Front door facing South
3. Front door facing West
4. Front door facing Northwest

Moreover, keep in mind that this is a general rule and for more information, you should refer to the Period 8 auspicious site directions discussed in Appendix 2.

Southwest sees water

In Period 8 (from 2004-2023), the Water star in the Southwest governs the wealth element of a house; therefore, ideally on the Southwest side of your location should be a 'Water' element such as the ocean, a river, a pond, lake or road.

Northeast sees mountain

The Mountain element governs health and wellbeing and in Period 8 such a star is in the Northeast. Ideally, a mountain, hill, or a building taller than yours should be on your Northeast side.

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Below is the summary of 5-sickness star and 2-Black illness star locations; these locations should be let quiet and avoid any disturbances of energies.

Year	5 Yellow Earth	2 Sickness Earth	Significance
2005	Northwest	East	Related to head sickness / downgrading / interruption of traveling / unfavorable to Elderly male
2006	West	Southeast	Food poisoning / illegal drugs / arguments / legal related issues
2007	Northeast	Northwest	Stomach related problems / joint problems / quarrel with relatives
2008	South	Northwest	Eyes and heart related problems / blood shed / VD
2009	North	West	Bladder system / miscarriage / Children's academic's problems / alcohol related
2010	Southwest	Northeast	VD / blood shed / property related grievances / unfavorable to elderly women
2011	East	South	Traffic related accidents / head and feet injuries / money related issues
2012	Southeast	North	Skin related problems / nerve systems / relationships related problems
2013	Central	Southwest	Blood shed / tumor / accidents
2014	Northwest	East	Related to head sickness / downgrading / interruption of traveling / unfavorable to Elderly male
Year	5 Yellow Earth	2 Sickness Earth	Significance
2015	West	Southeast	Food poisoning / illegal drugs / arguments / legal related issues
2016	Northeast	Central	Stomach related problems / joint problems / quarrel with relatives
2017	South	Northwest	Eyes and heart related problems/ blood shed / VD
2018	North	West	Bladder system / miscarriage/ Children's academic's problems/ alcohol related
2019	Southwest	Northeast	Skin related problems/ nerve systems/ relationships related problems
2020	East	South	Traffic related accidents/ head and feet injuries / money related issues

Three methods to Solve 5 Sickness Star

1. Place 6 old coins (bronze type) in the location where 5 sickness star is situated
2. Place bronze metal at least six inches long in this location.
3. Place music box, lo-kang or a bowl of water with a traditional coin inside the bowl.

The Power of Feng Shui

On Chinese Metaphysic

The Creative Cycle of 5 Elements

The cycle of birth: Metal generates Water; Water nurtures Wood; Wood generates Fire; Fire produces Earth; Earth completes the cycle by generating Metal. This is a cycle of harmony.

1. (One 甲/Two 乙) Wood creates (Three 丙/Four 丁) Fire
2. (Three 丙/Four 丁) Fire creates (Five 戊/Six 己) Earth
3. (Five 戊/Six 己) Earth creates (Seven 庚/Eight 辛) Metal
4. (Seven 庚/Eight 辛) Metal creates (Nine 壬/Ten 癸) Water
5. (Nine 壬/Ten 癸) Water creates (One 甲/Two 乙) Wood

The Destructive Cycle of 5 Elements

The Cycle of destruction: Metal suppresses Wood; Wood conquers Earth, Earth destructs the flow of Water; Water puts out Fire; Fire melts Metal. This cycle describes conflicting and antagonistic relationships.

1. (One 甲) Yang Wood destroyed (Five 戊) Yang Earth,
2. (Two 乙) Yin Wood destroyed (Six 己) Yin Earth
3. (Three 丙) Yang Fire destroyed (Seven 庚) Yang Metal
4. (Four 丁) Yin Fire destroyed (Eight 辛) Yin Metal
5. (Five 戊) Yang Earth destroyed (Nine 壬) Yang Water
6. (Six 己) Yin Earth destroyed (Ten 癸) Yin Water
7. (Seven 庚) Yang Metal destroyed (One 甲) Yang Wood
8. (Three 丙) Yang Fire destroyed (Two 乙) Yin Wood
9. (Nine 壬) Yang Water destroyed (Three 丙) Yang Fire
10. (Ten 癸) Yin Water destroyed (Four 丁) Yin

The creative and destructive cycles of five elements come to use when we derived the formation of four pillars (year, month, date and time). The Five Elements are capable of a dynamic interaction, which is the force behind life, activities and changes in the cosmic. The technique is based on the belief that, since the Five Elements represent universal order and its influences, so human destiny must also be governed by the change and interaction of these elements.

	Wood	Fire	Earth	Metal	Water
Spring	Prosper	Born	Late Spring	Die	Weak
Summer	Weak	Prosper	Late summer	Born	Die
Autumn	Die	Weak	Late Autumn	Born	Born
Winter	Born	Die	Late Winter	Weak	Prosper

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The Power of Feng Shui

Five elements and you. I have created the following table for your easy reference

If you are a Fire person:

A Fire Person		
Element	Relationship	Significance
Fire	Self (Peer)	Competition, Colleagues, siblings
Wood	Mother (Yan)	Support, Dependable Resources
Metal	Wife, father (Choy)	Fortune, wealth
Water	Superior/Job (Koon)	Status, power
Earth	Children (Siong)	Ideas, expression

If you are an Earth person:

An Earth Person		
Element	Relationship	Significance
Earth	Self (Peer)	Competition, Colleagues, siblings
Fire	Mother (Yan)	Support, Dependable Resources
Water	Wife, father (Choy)	Fortune, wealth
Wood	Superior/Job (Koon)	Status, power
Metal	Children (Siong)	Ideas, expression

If you are a Metal person:

A Metal Person		
Element	Relationship	Significance
Metal	Self (Peer)	Competition, Colleagues, siblings
Earth	Mother (Yan)	Support, Dependable Resources
Wood	Wife, father (Choy)	Fortune, wealth
Fire	Superior/Job (Koon)	Status, power
Water	Children (Siong)	Ideas, expression

If you are a Water person:

A Water Person		
Element	Relationship	Significance
Water	Self (Peer)	Competition, Colleagues, siblings
Metal	Mother (Yan)	Support, Dependable Resources
Fire	Wife, father (Choy)	Fortune, wealth
Earth	Superior/Job (Koon)	Status, power
Wood	Children (Siong)	Ideas, expression

The Power of Feng Shui

If you are a Wood person:

A Wood Person		
Element	Relationship	Significance
Wood	Self (Peer)	Competition, Colleagues, siblings
Water	Mother (Yan)	Support, Dependable Resources
Earth	Wife, father (Choy)	Fortune, wealth
Metal	Superior/Job(Koon)	Status, power
Fire	Children (Siong)	Ideas, expression

Find out your birth month and figure out which element to avoid and which in your favor.

Birth Month	Avoid	Favor
January	Water -North	Fire-South
February	Wood-East	Fire-South
March	Wood-East	Fire-south
April	Fire-South	Metal-West
May	Fire-South	Water-North
June	Fire-South	Water-North
July	Fire-South	Water-North
August	Metal-West	Wood-East
September	Metal-West	Wood-East
October	Metal-West	Fire-South
November	Water-North	Fire-South
December	Water-North	Fire-South

The Power of Feng Shui

Find out your favorable element and pick the right floor to work or reside!!

Floors	5-Elements
1, 6,11,16,,21,26,31,36,	Water
2,7,12,17,22,27,32,37	Fire
3,8,13,18,23,28,33,38	Wood
4,9,14,19,24,29,34,39	Metal
5,10,15,20,25,30,35,40	Earth

San Her Water Method 8 Sak Huang Quan

This is the Bagua most notorious direction of water flow

1. Ham avoid the water flow from the direction of Dragon
2. Kwan avoid the water flow from the direction of Rabbit
3. Chan avoid the water flow from the direction of Monkey
4. Shun avoid the water flow from the direction of Rooster
5. Kin avoid the water flow from the direction of Horse
6. Tui avoid the water flow from the direction of Snake
7. Kan avoid the water flow from the direction of Tiger
8. Lei avoid the water flow from the direction of Boar

This theory can be traced back by understanding the Stem adoption theory in Bagua, for example Earth is the Koon Kui Yao of Ham Kua, Wood is the Koon Kui Yao Kwan, metal is the Koon Kui Yao of Chan and so on.

ADVANCE FENG SHUI TO SHARE

Period 8-7 stars Robbery Setting, 八運七星打劫局:

The seven star robbery setting requires the following sector;2,5,8, or 離(lei),震(chan),and 乾(kin), or 坎(ham),巽(shun),and 兌 (tui) to have at least windows or doors opened in **these three sectors** and only the following directions fall within such category.

-North/South(sit 352.5-7.5 degrees, face 172.5-187.5 degrees),子山午向

-East/West(sit 82.5-97.5 degrees, face 262.5-277.5 degrees),卯山酉向/卯山酉向兼

-East/West(sit 97.5-112.5 degrees, face 277.5-292.5 degrees),乙山辛向/乙山辛向兼

-South/North(sit 157.5-172.5 degrees, face 337.5-352.5 degrees),丙山壬向

-West/East(sit 247.5-262.5 degrees, face 67.5-82.5 degrees),庚山甲向

Since the basic kua is Yang Kua, the water element can't be Ocean, strong river or big ponds,因地卦陽星到向-不宜見大水

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Good Health/Mountain and Good Wealth/Water stars 旺山旺向(14 個局)

- Northeast/Southwest(sit 22.5-37.5 degrees, face 202.5-217.5 degrees)丑山未向/丑山未向兼
- Southwest/Northeast(sit 202.5-217.5degrees, face 22.5-37.5 degrees)未山丑向/未山丑向兼
- Southeast/Northwest(sit 127.5-142.5 degrees, face 307.5-322.5 degrees)巽山乾向/巽山乾向兼
- Northwest/Southeast(sit 3-7.5-322.5 degrees, face 127.5-142.5 degrees)乾山巽向/乾山巽向兼
- Northwest/Southeast(sit 322.5-337.5 degrees, face 142.5-157.5 degrees)亥山巳向/亥山巳向兼
- Southeast/Northwest(sit 142.5-157.5 degrees, face 322.5-337.5 degrees)巳山亥向/巳山亥向兼/辰山戌向兼

Good Wealth Stars 雙星到向 (旺財-6 個局)

- South/North(sit 157.5-172.5 degrees, face 337.5-352.5degrees)坐 丙 向 壬
- West/East(sit 247.5-262.5 degrees, face 67.5-82.5 degrees)坐 庚 向 甲
- North/South(sit 7.5-22.5 degrees, face 187.5-202.5 degrees)坐 癸 向 丁
- East/West(sit 97.5-112.5 degrees, face 277.5-292.5 degrees)坐 乙 向 辛
- East/West(sit 82.5-97.5 degrees, face 262.5-277.5 degrees)坐 卯 向 酉
- North/South(sit 337.5-352.5 degrees, face 172.5-187.5 degrees)坐 子 向 午

Good Health Stars 上山局(旺丁-8 個局)

- North/South(sit 337.5-352.5 degrees, face157.5-172.5 degrees),壬山丙向
- East/West(sit 67.5-82.5 degrees, face 247.5-262.5 degrees),甲山庚向
- South/North(sit 172.5-187.5 degrees, face352.5-7.5 degrees),午山子向
- South/North(sit 187.5 degrees-202.5 degrees, face7.5-22.5 degrees),丁山癸向
- West/East(sit 262.5-277.5 degrees, face 82.5-97.5 degrees)酉山卯向/酉山卯向兼
- West/East(sit 277.5-292.5 degrees, face 97.5-112.5 degrees 辛山乙向/辛山乙向兼

Bad Health and Wealth Stars 上山下水(損丁破財-8 個局)

- Northeast/Southwest(sit 37.5-52.5 degrees, face 217.5-232.5 degrees).艮山坤向/艮山坤向兼
- Northeast/Southwest(sit 52.5-67.5 degrees, face 232.5-247.5 degrees),寅山申向
- Southeast/Northwest(sit 112.5-127.5 degrees, face 292.5-307.5 degrees)辰山戌向
- Southwest/Northwest(sit 217.5-232.5 degrees, face 37.5-52.5 degrees)坤山艮向/坤山艮向兼
- Southwest/Northeast(sit 232.5-247.5 degrees, face 52.5-67.5 degrees),申山寅向
- Northwest/Southeast(sit 292.5-307.5 degrees, face 112.5-127.5 degrees),戌山辰向
- such setting will turnaround if water element at the rear support while mountain element at the front (用于顛山倒水-背水面山-則可發財丁)

Feng Shui-Water Methods

Water versus Mountain

- You should know by know that Mountain governs Health while Water governs Wealth.

Water is essential the most important element in Feng Shui, it serves as the life source and bring off-spring, life, wealth and thus better quality of life to living beings. Is the mountain less critical or less important? Well, this is chicken and egg question! I can only tell you that the sequence of important is Water than Mountain. Try this on for size; you need to get your

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The Power of Feng Shui

stomach full before you talk about freedom. You need to protect you own backyard before you talk about whole nations. Feed yourself before others! Once the entire act together, we will then talk about improving quality of life. It will come to a point that Water **brings wealth** while mountain will help you to **sustain** your wealth. So, let us examine the water methods in different Feng Shui schools.

Water Methods

1. Three Yang Water Method(三陽水法)

This is a method to determine the water flowing direction, in such a way that the source of water should be flowing from a smaller source to medium and drastic.

Four Major Settings in Three-Yang Water Method:

Method One: Early Pa Kua Ham 1 and Kin 6, (1, 6 setting)

Small water at Kwai, medium water at Yam and drastic water at Kin

Method Two: Early Pa Kua Kwan 2 and Tui 7, (2, 7 setting)

Small water at Sang, medium water at Kang and drastic water at Kwan

Method Three: Early Pa Kua Chan 3 and Kan 8 (3,8 setting)

Small water at Yuet, medium water at Kap and drastic water at Kan

Method Four: Early Pa Kua Shun 4 and Lei 9 (4, 9 setting)

Small water at Ting, medium water at Peng and drastic water at Shun.

2. San Her 4 Settings (三合水法)

Her To (Early Days Pa Kua)

1. **Wood Water Method:** Sit on Kap Wood and face Yuet Wood (water) or Sit on Yuet Wood and face Kap Wood (water). Kin Kua adopts Kap while Kwan Kua adopts Yuet
2. **Fire Water Method:** Sit on Peng Fire and face Ting Fire (water), or Sit on Ting Fire and face Peng Fire (water), Tui Kua adopts Ding and Kan Kua adopts Peng
3. **Metal Water Method:** Sit in Kang Metal and face Sang Metal (water) or Sit in Sang Metal and face Kang Metal (water), Shun Kua adopts Sang and Chan Kua adopts Kang
4. **Water Water Method:** Sit in Yam Water and face Kwai (water) or Sit on Kwai Water and face Yam Water, Lei Kua adopts Yam and Ham Kua adopts Kwai

Lok Shu (Later Days Pa Kua)

1. **Water Water Method:** Sit on Ham, Kwai, Monkey, Rat, and Dragon and see Kin water Kap, Sit on Kin Kap ad see Ham water Kwai, monkey, rat and dragon.
2. **Fire Water Method:** Sit on Kwan, Yuet and seek Tui Water Ting, Snake, Rooster and OX, Sit on Tui ting, Snake Rooster, ox and see Kwan water Yuet.

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3. **Metal Water Method:** Sit in Shun Sang and see Lei water Yam Tiger, Horse and dog, sit on Lei, Yam, Tiger, and Dog and see Shun Water Sang.
4. **Wood Water Method:** Sit in Chan, Kang, Boar, Rabbit and Goat and see Kan water Peng, Sit on Kan, Peng and see Chan Water Kang, Boar, Rabbit and Goat.

Water Method

House Setting	Yang/ Yin	Formation Water(長生)	Water Storage (墓)	Strong Water (旺)
甲 Yang Wood	Yang	乾亥	丁未	甲卯
丙 Yang Fire	Yang	艮寅	辛戌	丙午
庚 Yang Metal	Yang	巽巳	癸丑	庚酉
壬 Yang Water	Yang	坤申	乙辰	壬子
艮 Kan	Yang	辛戌	丙午	艮寅
乾 Kin	Yang	丁未	甲卯	乾亥
乙 Yin Wood	Yin	坤申	壬子	乙辰
丁 Yin Fire	Yin	乾亥	甲卯	丁未
辛 Yin Metal	Yin	艮寅	丙午	辛戌
癸 Yin Water	Yin	巽巳	庚酉	癸丑
巽 Shun	Yin	庚酉	癸丑	巽巳
坤 Kwan	Yin	壬子	乙辰	坤申

The method(s):

1. For Yang Setting the water should be flowing from left to right, if other wise means inauspicious.
2. For Yin Setting: the water should be flowing right to left, if other wise means inauspicious.
- 3.

Water is said to be the most critical element to dictate the wealth level of human beings. This is not hard to understand, as most of the coastal regions in the world are prosperous and still growing. Tang's Dynasty Master Yang popularizes this method. It is believed that he is using the San He Method (三合) of Water formation, strong water and water storage agents to dictate the water flow in such a manner that will bring auspicious energies to the house. However, throughout my experiences, this method is not ideal and practical but worth to understand its logic and formation.

3. San Yuan Water Method,(三元水法)

Eight Inauspicious Wong Chuen (八煞黃泉/八路黄泉煞)

This is where auspicious sector **water element is draining away**. This applies only to 12 directions/mountains in the Lo Kang (Chinese Compass) To avoid such directions for any building under constructions.

12	Kap/Kwai	Yuet/Peng	Kang/Ting	San/Yam	Kwan	Shun	Kan	Kin
Directions								
Wong	Kan	Shun	Kwan	Kin	Kang/Ting	Yuet/Peng	Kap/Kwai	San/Yam
Chuen								

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Inauspicious Mountain View (二十四山切煞盤)

This is where the direction of such area is viewed with bad elements (construction/abandon sites/bad mountains/bad waters flow/dried lakes/rivers/ponds etc.)

24 Mountains	Rat	Kwai	Ox	Kan	Tiger	Kap	Rabbit	Yuet	Dragon	Shun	Snake	Peng
Inauspicious Sites	Snake	Snake	Dragon	Ting	Goat	Peng	Ting	Monkey	Goat	Kwai	Rooster	San
24 Mountains	Horse	Ting	Goat	Kwan	Monkey	Kang	Rooster	San	Dog	Kin	Boar	Yam
Inauspicious Sites	Rooster	Tiger	Kwai	Yuet	Kwai	Horse	Tiger	Ox	Ox	Rabbit	Yuet	Monkey

開門放水真經(Water placement bible)-下元甲申子年至癸卯年 Lower Cycle Period(2004-2023)

Directions	Auspicious Doors	Place Water Locations
North/South(sit 337.5-352.5 degrees, face 157.5-172.5 degrees), 壬山丙向	Goat as door 未方開門生氣	Peng, Ting place water 丙, 丁放水
North/South(sit 337.5-352.5 degrees, face 172.5-187.5 degrees), 子山午向	Main Door Auspicious 正向開門當旺	Shun place water 巽方放水
North/South(sit 7.5-22.5 degrees, face 187.5-202.5 degrees), 癸山丁向	Main Door Auspicious 正向開門當旺	Shun place water 巽方放水
Northeast/Southwest(sit 22.5-37.5 degrees, face 202.5-217.5 degrees), 丑山未向	Main Door Auspicious 正向開門當旺	Kang, San place water 庚, 辛放水
Northeast/Southwest(sit 37.5-52.5 degrees, face 217.5-232.5 degrees), 艮山坤向	Horse as door 午方開門生氣	Kang, San place water 庚, 辛放水
Northeast/Southwest(sit 52.5-67.5 degrees, face 232.5-247.5 degrees), 寅山申向	Ting as door 丁方開門生氣	Kang, San place water 庚, 辛放水
East/West(sit 67.5-82.5 degrees, face 247.5-262.5 degrees), 甲山庚向	Inauspicious Setting 衰局無門	Kang, San place water 庚, 辛放水
East/West(sit 82.5-97.5 degrees, face 262.5-277.5 degrees), 卯山酉向	Main Door Auspicious 正向開門當旺	Shun place water 巽方放水
East/West(sit 97.5-112.5 degrees, face 277.5-292.5 degrees), 乙山辛向	Main Door Auspicious 正向開門當旺	Shun place water 巽方放水
Southeast/Northwest(sit 112.5-127.5 degrees, face 292.5-307.5 degrees), 辰山戌向	Main Door Auspicious 正向開門生氣	Yam, Kwai place water 壬, 癸放水
Southeast/Northwest(sit 127.5-142.5 degrees, face 307.5-322.5 degrees), 巽山乾切	Main Door Auspicious 正向開門當旺	Yam, Kwai place water 壬, 癸放水
Southeast/Northwest(sit 142.5-157.5 degrees, face 322.5-337.5 degrees), 巳山亥向	Main Door Auspicious 正向開門當旺	Yam, Kwai place water 壬, 癸放水
South/North(sit 157.5-172.5 degrees, face 337.5-352.5 degrees), 丙山壬向	Main Door Auspicious 正向開門當旺	Kin place water 乾方放水
South/North(sit 172.5-187.5 degrees, face 352.5-7.5 degrees), 午山子向	Main Door Auspicious 正向開門生氣	Kan place water 艮方放水
South/North(sit 187.5 degrees-202.5 degrees, face 7.5-22.5 degrees), 丁山癸向	Main Door Auspicious 正向開門生氣	Kan place water 艮方放水
Southwest/Northeast(sit 202.5-217.5 degrees, face 22.5-37.5 degrees), 未山丑向	Main Door Auspicious 正向開門當旺	Yam, Kwai place water 壬, 癸放水
Southwest/Northwest(sit 217.5-232.5 degrees, face 37.5-52.5 degrees), 申山庚向	Rabbit as door 卯方開門生氣	Yam, Kwai place water 壬, 癸放水

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face 37.5-52.5 degrees), 坤山艮向		
Southwest/Northeast(sit 232.5-247.5 degrees, face 52.5-67.5 degrees), 申山寅向	Yuet as door 乙方開門生氣	Yam, Kwai place water 壬, 癸放水
West/East(sit 247.5-262.5 degrees, face 67.5-82.5 degrees), 庚山甲向	Main Door Auspicious 正向開門當旺	Kan place water 艮方放水
East/West(sit 82.5-97.5 degrees, face 262.5-277.5 degrees), 酉山卯向	Kan as door 艮方開門生氣	Kap, Yuet place water 甲, 乙放水
West/East(sit 277.5-292.5 degrees, face 97.5-112.5 degrees), 辛山乙向	Tiger as door 寅方開門生氣	Kap, Yuet place water 甲, 乙放水
Northwest/Southeast(sit 292.5-307.5 degrees, face 112.5-127.5 degrees), 戌山辰向	Inauspicious Setting 販局無門	Peng, Ting place water 丙, 丁放水
Northwest/Southeast(sit 3-7.5-322.5 degrees, face 127.5-142.5 degrees), 乾山巽向	Main Door Auspicious 正向開門當旺	Peng, Ting place water 丙, 丁放水
Northwest/Southeast(sit 322.5-337.5 degrees, face 142.5-157.5 degrees), 亥山巳向	Main Door Auspicious 正向開門當旺	Peng, Ting place water 丙, 丁放水

WHAT IS FACE READING?

“To examine a person, we must first examine his heart, to examine his heart, we must first examine his face” by Song dynasty’s Chan Pur, a famous Face-Reader.

Face and palm readings, as well as aura and vocal energies, are used to analyze and predict a person life’s destiny. Often requiring the rare ability to read subtle energy, these unique observational techniques are still practiced today. The ancient Chinese believed that a person’s face is inborn and will reflect his or her heart and thoughts. Much of the communication within our peers is nonverbal. Members understand the shared common body language but do not need language to communicate.

The generic approach tells us that human will inherit certain traits and attributes from parents or ancestors. Our height, weight, color of skin, eyes, and vocal to name a few are affected by genes and as a result certain patterns will emerge and the cycles of universe will repeat itself. Face reading tries to capture such patterns and predict the futures events that might occur in a person’s journey of life. For instance, when a person is born with thick eyebrow, more often than not such person’s parent also with thick eyebrow and the reverse is also true. Eyebrow like any other area of our face is closely related and affected by the functionality of our body parts and organs especially kidney. Person born with thick eyebrow is said to have strong kidney or in western words healthy and functional kidney. Person with thick eyebrow (will explain in details later) is rather active and aggressive and such person has higher sex drive than normal fine eyebrow person. Due to his adrenaline rush, such person is eager to satisfy his gratification with many partners other than his wife. As for female, due to the same reason, she might not have the patient for details and as such, she is rather weak in fine and details works.

A person who is constancy working outdoor with sunshine or cold weather will logically have rough skin as opposed to an office person that has higher chance of a smooth skin.

Western psychology has determined that our thought electrical wave is radiated through the upper skin of our body and reflected to our whole body parts and organs. Over time, such conditions will filter through and certain structures and patterns will emerge, as our cell memory is formed. Such structure will then be reflected by our face textures. With few thousand years of Chinese Statistically approaches of face reading, I am sure you will find such techniques amaze you.

Face/Palm Reading

More often, many clients and friends who have interest in face reading or know a little about face reading will come up and tell me that their readings on others were not accurate or right to the point as I did. I've realized that most of them neglect two important factors, the facial 'spirit' or the face's texture color (subtle energy permeates and surfaces through skin). And the second factor one must consider is the 'time' of reading or rather the month in command (seasons).

What is face spirit or face's texture color?

This will help you to understand better, if you are tired, you will look tired, if you are sleepy, you will look lethargic. That is the result from overstress or insomnia. Think about this, in some instances certain embedded energy under your facial skin will permeate and form a layer of so call 'spirit or color' on your face's texture, and some even before a *result is form*. This observation required extensive training. Such energy is a signal of event might take place or taken place within one month. That is the crux of face reading. This is also wisdom of ancient Chinese in developing NLP (Neuro Linguistic Programming)

The spirit or color on face changes everyday or every other day and it all depends on the event that will or has taken place.

Kind Energy Colors

Purple and yellowish colors on your facial skin are most welcome. Promotion, celebration, and happiness events might happen soon if such colors were found on your face, especially on your forehead, right in between your eyes, nose and cheeks. (However, yellowish color on your palm is not a good sign)

Unkind Energies Colors

Black, dull, gray, blue and greenish colors are signs of bad health or bad events might occur soon in your life.

Seasonal Face Reading

February 4th –April 4th

Wood (5-element) is in command.

1. Refer right ear and right cheekbone. Observe any abnormal mold, color etc.
2. Second, observe the nose and forehead, colors such as yellow, purple, bright and moist are a good sign. Likewise, dull, gray, black and dry face generates unkind energies.

April 5th –May 5th, July 7th–August 7th, October 9th –November 8th, January 4th – February 3rd

Earth (5-element) is in command

1. Observe the nose bridge's color and texture bright and not dull is good.
2. Refer cheekbone with purple and yellowish texture with moist is a good face. (Red/fire red/green is not a good sign)

May 6th–June 6th, June 7th–July 6th

Fire (5-element) is in command

1. Look at the forehead first for any signs of pimples/mole/denture/indentation/protruding.
2. Refer nose again, as nose is the backbone of face reading, any obvious red blood streams is not a good sign, the texture is dry with gray. Black, white, green or blue is not good either.

August 8th –September 7th, September 8th– October 8th

Metal (5-element) is in command

1. Refer left ear without any scar, blue, gray or back texture.

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2. Observe nose as well as forehead with the texture or color of red, purple, and yellow is a good sign. Forehead with bright texture is a plus. Never the less too white of texture color might cost you dearly, financially!

November 9th-December 6th, December 7th-January 3rd

Water (5-element) is in command

1. Refer eyes, lip, nose with bright texture with red or purple color is a good sign
2. Observe at the same time the nose and forehead texture and color.

Easy Palm Reading

Good Signs

Red color on your palm signifies your wealth is content.
Purple color palm is a sign of promotion/celebration event.

Bad Signs

Yellowish palm is a sign of death/sickness in your family.
Greenish palm is a sign of 'shocking' event that has taken place.
Black or dull palm a sign of sickness getting worse.
Gray fingers a sign of 'stale' progresses of work at hand.
Dried hand will take you to the cleaners!

Overall Colors

Green-shock, this has scientific proof that once you are in shock, the oxygen level to your nose bridge is abnormal that caused the disruption of blood stream flow and as a result low blood pressure.

Red-anger, the uplift of blood pressure causes the drastic flow of blood stream.

Yellow/Purple-happiness, the natural flow of blood stream create an equilibrium of blood stream, this has to do with the color of flying star (Feng Shui Theory)

White-litigation- white and pale colors are inauspicious for ancient Chinese.

Black-death/sickness-sign of death and sickness.

FACE READING

What does that behavior mean?

Person that constantly blinks when talking to you

Such person is rather emotional and constantly accessing their memory because they want to make a perfect presentation to you.

Person that moves his or her fingers while talking to you

Such a person is uptight but fast in action and thinking.

Person that likes to touch his or her nose while talking to you

Such a person is an impatient person but open-minded.

Person that likes to touch his or her chin while talking to you

When alone, such a person is thinking; however, when communicating with others such a person is mimicking that he or she is deep in thought. This is done purposely.

Person that likes to lick his or her upper lip while talking to you

Such a person is rather insecure because this is a reaction of nervousness.

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Person that likes to lick and bite his or her lower lip

Such a person is feeling pressure and knows his or her ability is threatened.

Person that likes to drag his or her feet while walking

Such a person is passive, self-centered and not satisfied with the current situation.

Person that is constantly changing his or her hairstyle

This indicates a person who is willing to learn new things and is likely to tolerate or give-in during an intense argument.

Person that likes to talk to himself or herself

Such a person is kind-hearted but has a rather reactive personality. Such a person will not seek help when in trouble.

Are you a good mummy?

1. Round face

A mother with a round face is more family-oriented as opposed to a sharp-faced mother that is unlikely to stick around the home. The care of well-being of children is a critical factor for a round-faced mother.

2. Fine or thin eyebrows

Too thick eyebrows indicate a mother who is careless and inattentive to details. A fine-eyebrow mother will constantly pay attention to the needs of her kids.

3. Firm and caring eyes (not too small)

Firm and caring eyes, as opposed to ferocious eyes, are more accepted by children indeed.

4. Nice nose bridge (not too high)

Too high of a nose bridge on a mother indicates that she will not accept her kids' ideas and more often than not create unnecessary and unwanted social problems for their kids.

5. Proportionate lips (not too thin)

A mother with too thin lips is talkative and often would not seek to understand as much as to be understood.

Are you a good daddy?

1. Fullness of chin

Since the chin represents the later years of a person as well as the offspring's ability to unite family relationships, the fullness of a chin signifies that a male will have better family-gathering abilities and values.

2. Rather flat cheekbones

Flat cheekbones mean that a person will not get angry easily. A father with such cheekbones will care much about his children's upbringing without using unnecessary force.

3. Big eyes

A father with big eyes is more sensitive to his children's well-being and does not resort to using unnecessary force. Fathers with big eyes like to reason with their kids.

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4. Nose bridge without any breaks or bumps

Such a father has close family relationships and values.

5. Low nose bridge

A father with a lower nose bridge will accept his children's' opinions and ideas more openly, thus creating a better camaraderie among family members.

6. Higher Hairline

A father with a higher hairline is more analytical and unbiased; therefore, such an attribute will be appreciated if you have many kids.

Five ways to find the right employees

1. Ears are higher than eye level

A person whose ear level is higher than his or her eye level is able to produce better results since such a person is determined to succeed and is enterprising.

2. Long eye socket

A person with longer eye sockets is able to think things through thoroughly and perform with grace under pressure.

3. Eyebrows longer than eyes

This is similar to a person with longer eye sockets. He or she tends to be an attentive and careful person when it comes to pressure or predicaments at work.

4. Big earlobes

A person with big earlobes is able to cool down and control him or herself when it comes to confrontations. During the heat of the moment in a quarrel or in confrontations, such a person will be able to foresee things and events with tact and care.

5. Thick lips and wider mouth

A person with thick lips and a wider mouth is loyal to organizations or bosses that treat him or her well. Such a person is said to believe that loyalty will earn respect and honor for him or her.

Five ways to find the right boss

1. Watery eyes

Such a boss is believed to be an indecisive boss when it comes to critical decision-making and becomes emotional when confronted. Such a person will avoid responsibilities.

2. Uneven eyebrows

If the left and right eyebrows are not in line, such a person is similar to a person with watery eyes that tends to uphold uncertain principles and be indecisive when it comes to decision-making.

3. Small nose with breaks

Since the nose signifies a person's ability to sustain and manage wealth, a bigger-nosed person will be able to sustain and manage wealth properly when there is a downturn or when encountering difficulties.

The Power of Feng Shui

4. Short forehead

The forehead signifies a person's ability to get help or support from all sources. A person with a high and wider forehead will get help easily when there is a downturn or when encountering difficulties in life.

5. Narrow chin

The chin signifies a person's subordinates and late-life stage. A round-chinned person will take good care of his or her subordinates through good and bad times.

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