

*with great power, comes great responsibility*



**I-Ching & The World of Metaphysics**

**Newsletter volume 43<sup>rd</sup> April 5<sup>th</sup>-May 5<sup>th</sup>**

**The Chinese Month of Dragon**

**April 4<sup>th</sup> –May 4<sup>th</sup> 2009**

**This is the Year of Ox with Annual star 9 in command and Star 3 arrives.**

The combinations of annual 9-purple star and monthly 3 Jade Green Star resulted in 'grievances' among family members as well as nations. Last month we saw unusual air traffic accidents. The bit and pieces that is building the 'tension' in China, Malaysia and North Korea to name a few could ignite into real problems this coming summer. The west sector would see 'chaotic' scenes that probably are unprecedented but watch out the serious matter would be in SUMMER! Go North and Northwest to seek and harness kind energies. A month of ARGUMENTS and DISPUTES!

**Summary:**

Kind Sectors: North/Northwest

Unkind Sectors: West (Fire/bomb blast/traffic accidents)/South (Traffic Accidents/Earthquake)/East (Legal Disputes)

**IN RED ANNUAL STAR WHILE IN BLACK MONTHLY STAR**

Southeast/SHUM <b>8</b> 2	South/LEI <b>4</b> 7	Southwest/KWAN <b>6</b> 9
East/CHAN <b>7</b> 1	CENTRAL <b>9</b> 3	West/TUI <b>2</b> 5
Northeast/KAN <b>3</b> 6	North/HAM <b>5</b> 8	Northwest/KIN <b>1</b> 4



MEDITATION IS THAT WHICH ENABLES US TO BE AWARE of the process of change-Venerable Thanavaro

*The middle way means gently bearing things exactly as they are in their raw condition-Venerable Munindo*

Through enlightenment, you gain nothing at all; the big difference is that there is real and lasting happiness-Venerable Jagaro

*If we are lacking the richness of truth in our hearts, then when we lie and they cremate us, our lives will be worth no more than handful of ashes we produce-Venerable Pasanno*

*..Breathing in m being energized; breathing out, wishing others well-Venerable Anando*

When there is joy, we are ready to discover new things.....If we have already decided 'Life is suffering,' then we won't look any further-Venerable Tiradhammo

We see how desire and attachment is Mara...and when we are no longer deceived by these things, then that is the Buddha.-Venerable Gavesako

Something in me let go and listened to the sounds of the world....and the silence behind it all seemed to encompass everything. No sound could stain the silence of the listening mind.-Venerable Gavesako

When you bring light into a dark place, the darkness disappears, no matter how long the darkness has been there.-Venerable Puriso

When our mind is open and in the state of wonder...that's the state of love-truly being with something as it is, whether it is horrible or pleasant.-Venerable Kittisaro

*'Giving' is the beginning and the end of the religious life.-Venerable Vajiro*

### Five-Elements (source Wikipedia)

In many traditional Chinese theory field, matters and its developmental movement stage can be classified into the Wu Xing (Chinese: 五行; pinyin: wǔxíng), or the Five Movements, Five Phases or Five Steps/Stages, traditionally translated as Five Elements.

The Wu Xing are chiefly an ancient mnemonic device for systems with 5 stages; hence the preferred translation of "movements", "phases" or "steps" over "elements", and Mu is Tree rather than Wood.

The movements are:

Tree, traditionally Wood (Chinese: 木, pinyin: mù)

Fire (Chinese: 火, pinyin: huǒ)

Earth (Chinese: 土, pinyin: tǔ)

Metal (Chinese: 金, pinyin: jīn)

Water (Chinese: 水, pinyin: shuǐ)

The system of five phases was used for describing interactions and relationships between



phenomena. It was employed as a device in many fields of early Chinese thought, including seemingly disparate fields such as geomancy or Feng shui, astrology, traditional Chinese medicine, music, military strategy and martial arts.

The system is still used as a reference in some forms of complementary and alternative medicine and martial arts. Some claim the original foundation of these are the concept of the Five Cardinal Points.

### Cycles

The Interactions of Wu Xing: The creation cycle (black, pentagon shaped lines) and the overcoming cycle (purple, star shaped lines).

The doctrine of five phases describes two cycles, a generating or creation (生, *shēng*) cycle, also known as "mother-son", and an overcoming or destruction (克/剋, *kè*) cycle, also known as "grandfather-nephew", of interactions between the phases.

### Generating

The common memory jogs, which help to remind in what order the phases are, are:

- Wood feeds Fire;
- Fire creates Earth (ash);
- Earth bears Metal;
- Metal carries Water (as in a bucket or tap, or water condenses on metal);
- Water nourishes Wood.

Other common words for this cycle include "begets", "engenders" and "mothers."

### Overcoming

- Wood parts Earth;
- Earth absorbs Water;
- Water quenches Fire;
- Fire melts Metal;
- Metal chops Wood.

Also:

- Wood absorbs Water;
- Water rusts Metal;
- Metal breaks up Earth;
- Earth smothers Fire;
- Fire burns Wood.

This cycle might also be called "controls", "restrains" or "fathers".





Another illustration of the cycle.

**Cosmology and feng shui**

According to Wu Xing theory, the structure of the cosmos mirrors the five elements. Each "element" has a complex series of associations with different aspects of nature, as can be seen in the following table. In the ancient Chinese form of [geomancy](#) known as Feng Shui practitioners all based their art and system on the five elements (Wu Xing). All of these elements are represented within the Bagua. Associated with these elements are colors, seasons and shapes; all of which are interacting with each other. <sup>[1]</sup>

Based on a particular directional energy flow from one element to the next, the interaction can be expansive, destructive, or exhaustive. With proper knowledge of such aspect of energy flow will enable the Feng Shui practitioner to apply certain cures or rearrangement of energy in a way they believe to be beneficial for the receiver of the Feng Shui "Treatment."

<b>Movement</b>	<b>Wood</b>	<b>Fire</b>	<b>Earth</b>	<b>Metal</b>	<b>Water</b>
<b><u>Color</u></b>	<u>Green</u>	<u>Red</u>	<u>Yellow</u>	<u>White</u>	<u>Black</u> or <u>Blue</u>
<b><u>Direction</u></b>	<u>east</u>	<u>south</u>	center	<u>west</u>	<u>north</u>
<b><u>Planet</u></b>	<u>Jupiter</u>	<u>Mars</u>	<u>Saturn</u>	<u>Venus</u>	<u>Mercury</u>
<b><u>Heavenly creature</u></b>	<u>Azure Dragon</u> 蒼龍 or 青龍	<u>Vermilion Bird</u> 朱雀	<u>Yellow Dragon</u> or <u>Yellow Qilin</u> <sup>[citation needed]</sup> 黃龍 or 黃麟 <sup>[citation needed]</sup>	<u>White Tiger</u> 白虎	<u>Black Tortoise</u> 玄武
<b><u>Heavenly Stems</u></b>	<u>甲, 乙</u>	<u>丙, 丁</u>	<u>戊, 己</u>	<u>庚, 辛</u>	<u>壬, 癸</u>
<b><u>Phase</u></b>	New Yang	Full Yang	Yin/Yang balance	New Yin	Full Yin
<b><u>Energy</u></b>	Generative	Expansive	Stabilizing	Contracting	Conserving
<b><u>Season</u></b>	Spring	Summer	Change of seasons	Autumn	Winter



(Every third month)

<u>Climate</u>	<u>Windy</u>	<u>Hot</u>	<u>Damp</u>	<u>Dry</u>	<u>Cold</u>
<u>Development</u>	Sprouting	Blooming	Ripening	Withering	Dormant
<u>Livestock</u>	<u>dog</u>	<u>sheep/goat</u>	<u>cattle</u>	<u>chicken</u>	<u>pig</u>
<u>Fruit</u>	<u>plum</u>	<u>apricot</u>	<u>jujube</u> (dates)	<u>peach</u>	<u>chestnut</u>
<u>Grain</u>	<u>wheat</u>	<u>beans</u>	<u>rice</u>	<u>hemp</u>	<u>millet</u>

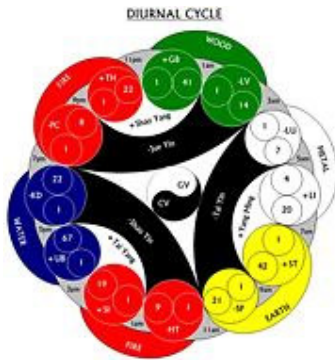


## Ba gua

The movements have also been correlated to the eight trigrams of the [I Ching](#):

Movement	Metal	Earth	Wood	Wood	Water	Fire	Earth	Metal
<b>I Ching</b>	Heaven	Earth	Thunder	Wind	Water	Fire	Mountain	Lake
<b>Trigrams</b>	☰ 乾 qián	☷ 坤 kūn	☳ 震 zhèn	☴ 巽 xùn	☵ 坎 kǎn	☲ 離 lí	☶ 艮 gèn	☱ 兌 duì

### Chinese medicine



### Five Chinese Elements - Diurnal Cycle

The interdependence of [Zang Fu](#) networks in the body was noted to be a circle of five things, and so mapped by the Chinese doctors onto the five phases. For instance, the Liver (Wood phase) is said to be the "mother" of the heart (Fire phase), and the Kidneys (Water phase) the mother of the Liver. The key observation was things like kidney deficiency affecting the function of the liver. In this case, the "mother" is weak, and cannot support the child. However, the Kidneys control the heart along the Ke cycle, so the Kidneys are said to restrain the heart. Many of these interactions can nowadays be linked to known physiological pathways (such as Kidney pH affecting heart activity).

The key thing to keep in mind with the Chinese medical application of the five elements is that it is only a model, and it is known to have exceptions. However, in general the device seems to be useful for arriving at good clinical results, so they were kept by the critically thinking Chinese medical doctors and researchers since they were first introduced.

The citation order of the Five Phases, i.e., the order in which they are cited in the Bo Hu Tong and other Han dynasty texts, is Metal, Wood, Water, Fire, and Earth. The organs are most effectively treated, according to theory, in the following four-hour periods throughout the day, beginning with the 3 a.m. to 7



a. m. period: Metal organs (see the list below), Earth organs, Fire: organs, Water organs, Fire: (the "non-empirical" Pericardium and Triple Burner organs), and Wood organs, which is the reverse of the citation order (plus an extra use of Fire and the non-empirical organs to take care of the sixth four-hour period of the day). These two orders are further related to the sequence of the planets going outward from the sun (Mercury, Venus, Mars, Jupiter, Saturn, or Water, Metal, Fire, Wood, and Earth) by a star diagram similar to the one shown above. <sup>[2]</sup>

The sequence of the five elements ( Traditional Chinese medicine ) : promotion,inhibition,Cheng (bullying),Wu(insult)

<sup>[3]</sup>

<b>Movement</b>	<b>Wood</b>	<b>Fire</b>	<b>Earth</b>	<b>Metal</b>	<b>Water</b>
<b><u>Planet</u></b>	<u>Jupiter</u>	<u>Mars</u>	<u>Saturn</u>	<u>Venus</u>	<u>Mercury</u>
<b>Mental Quality</b>	<u>Sensitivity</u>	<u>Creativity</u>	<u>Clarity</u>	<u>Intuition</u>	<u>Spontaneity</u>
<b><u>Emotion</u></b>	<u>anger</u>	<u>happy, over-happy</u>	<u>anxiety</u>	<u>grief, sadness</u>	<u>fear, scare</u>
<b><u>Zang (yin organs)</u></b>	<u>liver</u>	<u>heart/pericardium</u>	<u>spleen/pancreas</u>	<u>lung</u>	<u>kidney</u>
<b><u>Fu (yang organs)</u></b>	<u>gall bladder</u>	<u>small intestine/San Jiao</u>	<u>stomach</u>	<u>large intestine</u>	<u>urinary bladder</u>
<b>Sensory <u>organ</u></b>	<u>eye</u>	<u>tongue</u>	<u>Mouth</u>	<u>nose</u>	<u>ears</u>
<b>Body Part</b>	<u>Tendons</u>	<u>Pulse</u>	<u>Muscle</u>	<u>Skin</u>	<u>Bones</u>
<b>Body Fluid</b>	<u>Tears</u>	<u>Sweat</u>	<u>Saliva</u>	<u>Mucus</u>	<u>Urine</u>
<b><u>Finger</u></b>	<u>index finger</u>	<u>middle finger</u>	<u>thumb</u>	<u>ring finger</u>	<u>little finger</u>



<u>Sense</u>	<u>sight</u>	<u>speech</u>	<u>taste</u>	<u>smell</u>	<u>hearing</u>
<u>Taste</u>	<u>sour</u>	<u>bitter</u>	<u>sweet</u>	<u>pungent</u>	<u>salty</u>
<u>Smell</u>	<u>Rancid</u>	Scorched	<u>Fragrant</u>	<u>Putrid</u>	<u>Rotten</u>
<u>Life</u>	<u>birth</u>	<u>youth</u>	<u>adulthood</u>	<u>old age</u>	<u>death</u>

**Chinese astrology**

Chinese astrology is based upon the interaction of the five elements with the twelve signs of the Chinese zodiac, to produce the well-known 60 year cycle of signs.

<b>Movement</b>	<b>Wood</b>	<b>Fire</b>	<b>Earth</b>	<b>Metal</b>	<b>Water</b>
<u>Heavenly Stem</u>	Jia 甲	Bing 丙	Wu 戊	Geng 庚	Ren 壬
	Yi 乙	Ding 丁	Ji 己	Xin 辛	Gui 癸
<b>Birth year ends with</b>	4, 5	6, 7	8, 9	0, 1	2, 3

**Music**

The *Yuèlìng* chapter (月令篇) of the *Lǐjì* (禮記) and the *Huáinánzǐ* (淮南子) make the following correlations:

<b>Movement</b>	<b>Wood</b>	<b>Fire</b>	<b>Earth</b>	<b>Metal</b>	<b>Water</b>
<u>Colour</u>	<u>Green</u>	<u>Red</u>	<u>Yellow</u>	<u>White</u>	<u>Blue</u>
<b>Direction</b>	<u>east</u>	<u>south</u>	<u>center</u>	<u>west</u>	<u>north</u>
<b>The Chinese Five-note Scale</b> <i>jué</i> 角 (mi) <i>zhǐ</i> 徵 (so) <i>gōng</i> 宮 (do) <i>shāng</i> 商 (re) <i>yǔ</i> 羽 (la)					

(Notes:





## Sound Adoptions Theory on Stems and Branches

Thus far, the source or origin and rational of sound adoption theory still in dispute. Nevertheless, they all would agree in one thing, which is arrangement of the stems and branches is systematic or with dictated pattern.

*The source of origin would trace us back to 'JinFang Bagua Palaces', which allows us to detect the systematic approaches of the sound adoption theory. The Bagua Palaces derived from the Lok Shu movement trails. As such the study of Lok Shu trails would give us clues.*

*"Heavenly energy started with Kap while the Earthly energy started with Rat, the combination of Kap and Rat is the first Jiazi out of the 60 combinations of stem and branches. This is the beginning of the cycle."*

### A) Numeric Sequence

1. Dragon, Dog to Peng fire is Kan Gua
2. Snake, Boar to Ding fire is Dui Gua
3. Tiger, Monkey to Mou is Ham Gua
4. Rabbit, Rooster to Kei is Lei Gua
5. Rat, Horse to Kang is Chan Gua
6. Ox, Goat to San is Shun Gua
7. Neglect Kin and Kwan since they become old

### B) 5-element allotment

1. 7 is Metal
2. 3 is Fire
3. 1 is Earth
4. 5 is Water
5. 9 is Wood

**Example:** Kap 1, Yuet 2, Peng 3, Ding 4, Mou 5, Kei 6, Kang 7, San 8, Yam 9 and Kwai 10.

**Example 1:** Peng Rat, first let us examine Rat Branch (refer above (A) Rat, Horse to Kang, from Peng to Kang by beginning to count from Peng as 1 and we found Kang is 5, and refer (B) 5 is Water, we now conclude that Peng Rat sound adoption theory belongs to WATER.

**Example 2:** Ding Ox, first examine Ox branch, Ox and Goat to San, from Ding count to San, with Ding as 1 and we found San as 5, therefore Ding Ox sound adoption theory belongs to WATER.

### Wood

-Yam/Rat, Kwai/Ox (桑松木)

-Kang/Tiger, San/Rabbit (松柏木)

-Mou/Dragon, Kei/Snake (大林木)

-Yam/Horse, Kwai/Goat (楊柳木)

-Kang/Monkey San/Rooster (石榴木)



-Mou/Dragon, Kei/Boar (平地木)

### Fire

-Mou/Rat, Kei/Ox (霹靂火)

-Peng/Tiger, Ding/Rabbit (爐中火)

-Kap/Dragon, Yuet/Snake (佛燈火)

-Mou/Horse, Kei/Goat (天上火)

-Peng/Monkey, Ding/Rooster (山下火)

-Kap/Dog, Yuet/Boar (山頭火)

### Earth

-Kang/Rat, San/Ox (壁上土)

-Mou/Tiger, Kei/Rabbit (城牆土)

-Peng/Dragon, Ding/Snake (沙中土)

-Kang/Horse, San/Goat (路旁土)

-Mou/Monkey, Kei/Rooster (大澤土)

-Peng/Dog, Ding/Boar (屋上土)

### Metal

-Kap/Rat, Yuet/Ox (海中金)

-Kap/Horse, Yuet/Goat (沙中金)

-Yam/Tiger, Kwai/Rabbit (金箔金)

-Yam/Monkey, Kwai/Rooster (劍鋒金)

-Kang/Dragon, San/Snake (白蠟金)

-Kang/Dog, San/Boar (釵釧金)

### Water

-Peng/Rat, Ding/Ox (潤下水)



-Kap/Tiger, Yuet/Rabbit (大溪水)

-Yam/Dragon, Kwai/Snake (長流水)

-Peng/Horse, Ding/Goat (天河水)

-Kap/Monkey, Yuet/Rooster (泉中水)

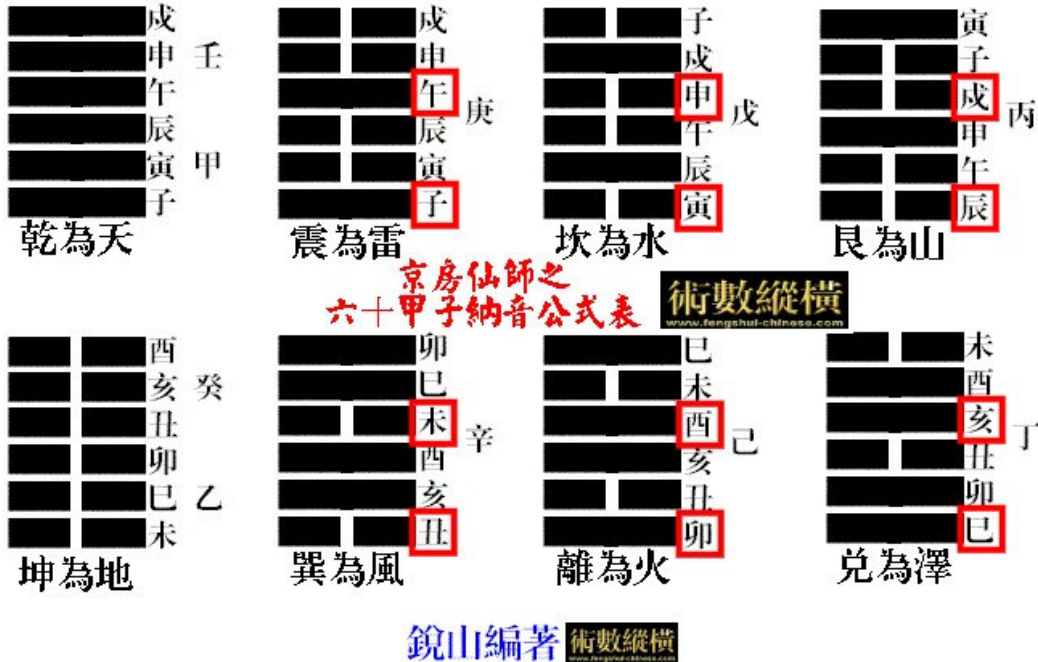
-Yam/Dog, Kwai/Boar (大海水)

Since JinFang is well verse in musical instrument, it is also believed that JinFang used the musical instrument especially bamboo pitch-pipes' temperament to dictate the sound adoption for Stems and Branches.



JinFang Bagua Sound Adoption Theory Tabular

(京房仙師八宮卦納甲)



Golden Scripture Jade Mirror 9 stars

Zhu Ke Liang used such method for his war strategies. Let us examine the technique in three parts below:

PART ONE-Nine Stars

(一) Tai Yuet (Kind) -Water 太乙吉

On most occasions such star is the most welcome one as it generate kind energies

(二) She Ti (Unkind)-Earth 攝提凶

On most occasions such star is the most unwelcome one as it generate unkind energies

(三) Xuan Yuan (Unkind)-Water 軒轅平

Such star would resulted in injury or wound

(四) Zhao Yao (Unkind)- Wood 招搖平

Such star would be an obstacles or obstructions

(五) Tian Fu (Unkind)- Earth 天符凶

Unkind energies that relate to health issue

(六) Green Dragon (Kind)- Metal 青龍吉



**Fortune and happy events**

(七) Xian Chi (Unkind)- Metal 咸池凶

Such star means litigation

(八) Tai Yin (Kind)- Earth 太陰吉

**Wealth that is accumulated gradually**

(九) Tian Yuet (Kind)- Fire 天乙吉

**This is also the one of the two most welcome stars as it generates kind energies.**

**Yang Stems –Kap, Peng Mou, Kang Yam**

Clockwise flying star trail movements

**Yin Stems- Yuet, Ding, Kei, San, Kwai**

Anticlockwise flying star trail movement

**PART TWO- Golden Scripture Jade Mirror Numbers**

**Stems**

9-Kap Kei 甲己

8-Yuet Kang 乙庚

7-Peng San 丙辛

6-Ding Yam 丁壬

5-Mou Kwai 戊癸

**Branches**

9-Rat Horse 子午

8-OX Goat 丑未

7-Tiger Monkey 寅申

6-Rabbit Rooster 卯酉

5-Dragon Dog 辰戌

4-Snake Boar 巳亥



## Kind and Unkind Numbers

13 (Kind)

14 (Unkind)

15 (Kind)

16 (Kind)

17 (unkind)

18 (Kind)

19 (Unkind)

20 (Unkind)

21 (Kind)

22 (Kind)

23 (Unkind)

24 ((Kind)

25 (Kind)

26 (Kind)

27 (Unkind)

**Example:** today is Peng Dragon

Peng is 7 while Dragon is 5; the time now is Horse with 9,

$7+5+9=21$ , refer table above, which is auspicious that harness kind energy

## Tian Yuet Kui Ren (Guidance Angel)

Stem	Branch
Kap Mou =	Ox, Goat
Yuet Kei =	Rat, Monkey
Peng Ding=	Boar, Rooster
Yam Kwai =	Rabbit Snake
Kang San =	Tiger Horse



Green Dragon

**Day Branch**

- Rat Horse = Monkey
- Rabbit Rooster = Tiger
- Tiger Monkey = Rat
- Snake Boar = Horse
- Dragon Dog = Dragon
- Ox Goat = Dog

PARTS THREE- Palm and 8 Door Diagrams

**PALM DIAGRAM FORMULA**

SHUN 4	LEI 9	KWAN 2
CHAN 3	CENTRAL 5	DUI 7
KAN 8	HAM 1	KIN 6

**8 DOOR DIAGRAM**

STOP 杜	SIGHT 景	DEAD 死
WOUND 傷		STARTLE 驚
LIVE 生	REST 休	START 開

**REST DOOR FORMULA**

AFTER WINTER SOLTICE YANG STEMS CLOCKWISE MOVEMENT

-KAP/DOG/YAM/RAT WITH REST DOOR AT HAM SECTOR (陽順陰逆)

(REST Door at Ham, LIVE Door at Kan, WOUND Door at Chan, STOP Door at Shun, SIGHT Door at Lei, Dead Door at Kwan, STARTLE Door at Dui and START Door at Kin)

-YUET (YIN) Door would be at Ham but this time, the movement trail is anticlockwise that LIVE at Kin and so on.

DING/SAN/YUET/RABBIT REST DOOR BEGINS at KWAN SECTOR

**AFTER SUMMER SOLTICE**



-KAP/DOG, MOU/RAT WITH REST DOOR AT LEI SECTOR (陽順陰逆)

-DING/SAN/YUET/RABBIT BEGINS AT KAN, MOU/KANG/KAP/HORSE AT DUI, DING/KWAI/SAN/ROOSTER AT KIN,

**NINE STAR FLYING FORMULAS**

**AFTER WINTER SOLTICE**

-KAP RAT moves clockwise at KAN and start to fly like the flying star movements

**AFTER SUMMER SOLCTISE**

-KAP RAT moves anticlockwise at KWAN and start to fly like the flying star movements

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***Comments and letters***

