



**Newsletter volume 10 July 7th-August 6th 2006-The Chinese Month of Goat**

**FREE FENG SHUI ITEMS-** misterfengshui will give away items such as Chinese Paintings, Decorative Ornaments, Figurines every month for newsletter subscribers (up to five per month while stock last)-check out our newsletter for winners! This month winners are:

Natasha Chapman (MD,USA)  
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Please forward me your full and accurate address and allow time for delivery!

### ***FENG SHUI***

#### **Are there any structures above the bed that might cause bad health?**

Anything above you while you are asleep puts strain and stress on your body and mind. Avoid such settings and you will find your night's sleep is peaceful and rejuvenating.

Take a minute to figure out why an adult will not fall off from the upper bunk of a bunk bed. The answer is simple: because your subconscious mind will 'instruct' your body not to fall off. Similarly, when something is above your head your subconscious mind is working very hard to 'guard' you from something falling down towards you and is therefore putting strain on your mind as well as body. Make sense? The ancient wisdom is in line with modern science.

#### **Birds (Red): Fortune**

The ancient red bird has similar features to a peacock, with a crest on the head and feathers around the tail. The symbol this ancient red bird represents is the *front* of a house, the *south* direction, and *gossips*. During the Han Dynasty, this bird was one of the primary four spiritual creatures before it evolved into the phoenix in the Tang Dynasty. Today the red bird symbol represents happiness and fortune and one can place it in an auspicious area (refer to the 'Period 8 best house setting' in my first book mentioned previously).

Birds are Metal, in accordance with the 5-Elements theory, and if your favorable element is Metal then you should use this creature more often. If you were born between May 5 and August 8, one of your favorable elements is Metal, besides Water. My book, *Improve the Quality of Your Life with the Power of Feng Shui*, describes in detail a person's favorable and unfavorable elements.



# Face Reading

Are you a good mummy?

## 1. Round face

Mother with round face is more family oriented as opposed to sharp face mother that unlikely to stick around home. Care of well-beings of children is the critical factor for round face mother.

## 2. Fine or thin eyebrows

Too thick of eyebrows mean careless and inattentive to details. A fine eyebrows mother will constantly pay attention to the needs of kids.

## 3. Firm and caring eye (not too small)

Firm and caring eyes as opposed to ferocious eyes are more accepted by children indeed.

## 4. Nice nose bridge (not too high)

Too high of a nose bridge mother will not accept kids' ideas and often more than not creating unnecessary and unwanted social problems by their kids.

## 5. Proportionate lips (not too thin)

Mother with too thin of lips are talkative and often would not seek to understand then to be understood.

FROM THE ONE-MINUTE FENG SHUI-Latest book by Master Kuek and will be out soon!

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*Learn to manage your life in just 124<sup>th</sup> minutes! Iron out the wrinkles in your path and smooth the way toward your destination. Personal, career, finances, family, relationships, home settings or work places, all can be optimized by following these proven techniques. Transform your hard work and determination and achieve a better quality of life!*

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*This Eastern Wisdom, in a compilation of simple yet effective Feng Shui practical approaches, will help you harness the best energies and avoid negative ones. This book explores the power of Feng Shui, not as something you do, but as the energy of which you are a part.*

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*Feng Shui involves studying the environment to create desired outcomes that you might not otherwise consider. Just as the subatomic particles that comprise us cannot be separated from the space, time and particles surrounding us, living beings cannot be isolated from the subtle energies of the environment in which we live.*

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*The simple principle I urge you to explore with me is the existence of an ultimate force of energy that is well beyond the capacity of our mind to comprehend, but exists nonetheless. To engage that force properly is to harness the energy of the Universe to effect positive change in all aspects of your life. That is the art and science of Feng Shui. Let me help you take practical steps to smooth out your life...in just 124 minutes!*



### 80th Minute - Change

*Chinese believed that earth's magnetic field forces are in constant movement in accordance with planetary bodies' movement, and the energies related to the time dimension do not stay the same. For instance, Saturn and Jupiter come into a new alignment every 20 years and such an occurrence will result in changes of magnetic field forces. These changes thus filter down to earth and human beings. In Feng Shui, the time element is crucial. No person, home or office enjoys good cycles or bad cycles forever. Different cyclical patterns of energies have different weaknesses and strengths depending on the Period at hand.*

### 81st Minute - Change implications

The Period 8, which began February 4, 2004, and ends 2023, is represented by Kan Kua (8 Trigram). Transition from Period 7 to this period saw a major shift in energies. As with any energy influence, there are always positive as well as negative implications. Tui Kua (one of the Eight Trigrams) governed the Period 7. Tui represents young women, technology, communications and the West. During this period, we indeed saw all these aspects in focus and advancement. As we enter Period 8, the past energy will not dissipate immediately; instead, we will see a gradual change and the Kan effect gaining momentum as time goes by. It will not be an instant change in vitality and energy strength when such a transition occurs, since energy moves in a cyclical fashion.

### FACE READING CONTINUE

#### *Three White Eyes*

*Such a person's eyeball is surrounded by white on 3 sides and the eyeball is grown lower than in a normal situation. Such a person is ruthless and will go all out to get what he wants. Such a person is prone to injury, litigation problems, gang fights and accidents.*

*This person will have a hard time finding a good and stable relationship due to his inquisitive nature.*



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## Learn Basic Chinese Metaphysic

### Learning the numbers

#### Chinese Numbers/Tin Kon/Heavenly Stem

甲	乙	丙	丁	戊	己	庚	辛	壬	癸
1	2	3	4	5	6	7	8	9	10

1. One (Kap) 甲
2. Two (Yuet) 乙
3. Three (Peng) 丙
4. Four (Ting) 丁
5. Five (Mou) 戊
6. Six (Kei) 己
7. Seven (Kang) 庚
8. Eight (San) 辛
9. Nine (Yam) 壬
10. Ten (Kwai) 癸

#### Chinese Zodiacs/Tei Chi/Earthly Branches

子	丑	寅	卯	辰	巳	午	未	申	酉	戌	亥
A	B	C	D	E	F	G	H	I	J	K	L

1. Rat (Che) 子,鼠
2. Ox (Chou) 丑,牛
3. Tiger (Yan) 寅,虎
4. Rabbit (Mou) 卯,兔
5. Dragon (Shan) 辰,龙
6. Snake (Ghe) 巳,蛇
7. Horse (Mer) 午,马
8. Goat (Mei) 未,羊
9. Monkey (Shen) 申,猴
10. Rooster (Yeow) 酉,鸡
11. Dog (Shot) 戌,狗
12. Boar (Hoi) 亥,猪

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Your letters and comments are always welcomed!

Kerby Kuek



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**Becoming Free - A Reminder of the Principles of Life**

- 1: Life does not work through **indecision**. Indecision promotes blocks, confusion and stress. Make a decision and allow life to find movement through you. Trust yourself.
- 2: The 3 C's of life are **Courage, Capacity and Commitment**. It takes Courage and a commitment to make many of life's decisions, and capacity to follow them through. The 3 C's of a successful relationship are **Caring, Consideration and Communication**. Communication opens the door between us, consideration allows us to pass through it and our ability to care for each other unites us.
- 3: Truth is not truth out of timing- yet it remains truth. We are the **timing** to recognize truth.
- 4: The mind recoils from the unknown, so we seek to make everything known, and, thus sage. Imagination is the key to the unknown- **positive, uplifting imagination**.
- 5: For as long as we search for Our God Self, we deny that we are it. **Loving your self** reveals your truth.
- 6: Becoming free is not changing yourself into someone you think you should be. Becoming free is **falling in love with who you are**- right now.
- 7: Imagine a room of pitch dark and a room of bright light connected by a door. When you open the door what happens? Light floods into the dark room, illuminating it. Live accordingly, **think thoughts of light**.
- 8: F.E.A.R- **False Evidence Appearing Real**
- 9: Anything of the past that is unresolved is unresolved now. **Living NOW resolves the past**.
- 10: Life flows from the inside out, never the reverse. Understand this and you **cease to be a victim**.

**Master Kerby Kuek first book entitled "Improve Your Quality of Life with the Power of Feng Shui, Order Now:**

Title: Improve The Quality Of Life With the Power of Feng Shui -by Kerby Kuek

ISBN: 1-4120-8281-1

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